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#### **OBJECTIVE:**

To make use of my interpersonal skills to achieve goals of a company that focuses

on customer satisfaction and customer experience.

#### **EXPERIENCES:**

#### **Personal Care Assistant**

#### Lyndoch Living Ltd

#### Warranmbool, VIC, Australia (February 2023 to till now)

- $\cdot$  Provide personal care to assist patients to maintain independence and dignity with respect .
- · Monitor & record vital signs, such as blood pressure, pulse rate.
- $\cdot$  Assist clients with medication.
- $\cdot$  Helping resident get up in a morning and go to bed at night time.
- $\cdot$  Supervise residents to the dining room for meal.
- $\cdot$  Making and changing beds on a regular basis as per hygiene rules
- · Assist resident in moving, walking & repositioning resident as per care plan.
- · Working within policies of the clinical facilities and reporting to the nurse
- daily about resident daily activities.
- · Maintain a clean and tidy environment for residents.
- $\cdot$  Complete documentation on icare including all ACFI charting.

#### **Personal Care Assistant**

#### Warrnambool Riverside Care Community

#### Warranmbool, VIC, Australia (April 2024 to till now)

· Assist residents with personal care needs such as showering, washing,

dressing, eating, mobility.

- $\cdot$  Making and changing beds on a regular basis as per hygiene rules
- · Observes & reports in patient condition, changes.
- · Helping resident get up in a morning and go to bed at night time.
- Working within policies of the clinical facilities and reporting to the nurse daily about resident daily activities.
- · Assist clients with meal delivery & refreshment as required.
- · Maintain a clean and tidy environment for residents.

## **Personal Care Assistant**

### **Royal Freemason**

## Ballarat, VIC Australia (January 2021 to January 2023)

· Assist residents in all daily activities which include shower, wash, grooming,

oral and body care.

- $\cdot$  Serving & helping residents for breakfast, lunch and dinner.
- $\cdot$  Maintain a clean and tidy environment for residents.
- $\cdot$  Making and changing beds on a regular basis as per hygiene rules
- · Assist resident in moving, positioning and walking.

# **TRAINING & CERTIFICATES:**

HLTHPS006 Assist clients with medication (Southwest Tafe Warrnambool)

CHCSS00070 Assist Clients with Medication Skill Set (Southwest Tafe Warrnambool)

First AID & CPR/AED& Manual Handling (Einstein College Melbourne)

Food Handling Certificate (New Future Training)

Certificate III in Individual Support (Einstein College Melbourne)

## EDUCATION:

MBA/MPA

Holmes Institute Melbourne