

## **Sabina Adhikari**

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### **Summary**

Comprehensive knowledge of direct patient care, nursing procedures, healthcare administration policies, and caseload management. Reputation as a self-directed professional with superior problem solving, communication, and management skills. Successful in managing time, prioritizing tasks, and organizing projects to improve the Quality of Patient Care.

### **Experience**

Harbison care

Care Service Employee 2016-2021

1. Provide holistic and individualistic nursing care under the professional direction of the Registered Nurse.
2. Contribute to the development of nursing care plans.
3. Demonstrate ability to implement the plan of care prepared by the Registered Nurse
4. Provide concise, accurate and up to date information in the patient's medical record. Promote an environment conducive to the comfort and safety of patients and staff.
5. Demonstrate an understanding of legal and ethical responsibilities in relation to patient care and maintain a safe, clean environment to minimize any risks to the safety of the patient, self or others.
6. Assist and provide appropriate education and support to patients their family cares and others in conjunction with the Registered Nurse.
7. Be familiar with all emergency procedures and equipment and use appropriately.

8. Undertake mandatory training and other training as appropriate to local service needs and to ensure optimal outcomes for clients.
9. Participate in quality initiatives as appropriate to the role.

Harbison Care

Medication Nurse 2016-2021

#### **Administer Patient Medication**

Administer the correct medications and dosages to patients daily. liaising with registered nurses regarding any changes to a patient's condition or amendments to their required medication.

#### **Perform Medical Check-Ups**

Performing regular patient check-ups to make sure their symptoms aren't getting worse and to monitor the effects of medication. Report and resolve any adverse effects as quickly as possible for the well-being of the patient.

#### **Update Patient Records**

After taking note of any changes in the patient's condition, update their medical records as required. They may also help obtain medical histories.

#### **Report Patient Complaints**

If patients have any concerns about their symptoms or complaints about how they're feeling, listen to these complaints and report them to registered Nurse. So, that they can be assessed.

#### **Record Vital Signs**

Obtain vital signs for patients. These results can influence changes to a patient's prescribed medication.

### **Qualifications**

- Certificate iii and certificate IV in aged care (including medication)
- Diploma in business
- Bachelor of Accounting

### **Skills and Attributes**

- Caring and compassionate
- Team player
- Good communication
- Attention to details
- Reliable
- Honest
- Hardworking
- Fast learner
- Can work under pressure

### **Personal Interest**

- Reading books
- Cycling
- swimming

## References

Rabin Joshi

Personal Care Manager

Harbison Care

Contact no: [02\) 4868 6200](tel:02)48686200)

Sonia Datt

Registered Nurse

Harbison Care

Contact no: 0405670350

Arati Pokhrel Sapkota

Care service employee

Carrington

Contact no 0434127068

<b>Availability</b>
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7 days a week