Sabina Budhathoki

CAREER OBJECTIVE

- Compassionate caregiver dedicated to enhancing the quality of life for seniors.
- Strong communicator fostering trust with residents and families.
- Collaborative team player contributing to a positive care environment.

PERSONAL SKILLS

- Proficient in First Aid and CPR.
- > Strong verbal and written communication skills.
- > Adherence to organizational policies and procedures.
- > Detail-oriented with keen observation skills.
- Excellent teamwork and time management abilities.
- > Independent, cooperative, and confident.
- > Open to learning from diverse perspectives and cultures.
- > Energetic, innovative, and quick to adapt in a team environment.

EXPERIENCE

March 2023- Ongoing

Shift Leader, Guzman Y Gomez- Australia

- Managing the staff and store for the shift
- Handling ordering and organizing
- Interacting with customers and communicating their needs
- Experienced in effectively navigating and managing rush hour scenarios with a composed and strategic approach.
- Training new staff in the store and helping in their induction

May 1- May 19, 2023

Aged Care Carer Placement, Bupa Aged Care Baulkham Hills

- Assisting residents with all the personal care tasks.
- Accompanying residents on daily walks
- Transferring clients using a hoist, wheelchair, or pelican belt.
- Assisting the client in toileting
- Maintaining confidentiality and privacy of residents
- Respecting individual choices and identity.

EDUCATION

National Examination Board, St. Xavier's College

Bachelor of Business Administration, Pokhara University

CHC33015-Certificate III

Currently studying for a Master of Professional Accounting, at KOI

REFERENCES

- Seema Rana 0449953588 ranaseema394@gmail.com
- Roshani Khadka 0424539914 rohanikhadka98@gmail.com