

Sudiksha Kunwar
Campbelltown, NSW 2560
sudikshakunwar97@gmail.com
0422737036

OBJECTIVES

To seek employment in an aged care worker role to utilise my aged care education and trainings; help and support elderly people by helping them achieve their daily goals and tasks, as well as enhance their quality of life.

EDUCATION QUALIFICATION

Prithvi Narayan Campus, Pokhara, Nepal

Bachelor in Business Administration (January 18, 2016- January 18, 2020)

Amarsingh Model Higher Secondary School, Pokhara, Nepal

Management (+2) (2014 – 2016)

Aussieglobe Education and Migration, Rockdale

CERTIFICATE IV IN AGEING SUPPORT

EXPERIENCE

- 120 Hours of Placement at Yallambee Village, Revesby (26th February, 2024 -15th March, 2024)
- 7 Lake Agriculture Co-operative Limited, Pokhara, Nepal (15th January 2023-15th July 2023)

TRAININGS

- First Aid and CPR Training
- Manual Handling Training

CERTIFICATES

- Certificate IV In Ageing Support
- First-Aid & CPR certificate
- Basics of Infection Prevention & Control for Aged Care
- Police check & NDIS Commissions eLearning Modules

COMMUNICATION

- Effective in both verbal and written interactions with residents, families, and aged care
- Profession

SKILLS & ABILITIES

- Compassionate and person-focused approach to care
- Proficient in essential aged care terminology, procedures, and equipment
- Mobility Assistance for residents
- Personal Hygiene Assistance
- Strong ability to prioritize tasks, manage records, report incidents, and handle multiple responsibilities efficiently.
- Meticulous in following protocols, documenting residents' information, and recognizing changes in condition.
- First aid and safety for residents
- Quick-thinking and decision-making skills in emergency situations or when faced with challenges.

REFERENCES

References available upon request.