

Subas Lamsal

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Personal Summary:

A self-motivated Nursing Assistant who can accomplish all assigned responsibilities with minimal supervision and have an extensive knowledge of basic nursing and as the true professional will always demonstrate dignity and respect when looking after of residents. I am in good physical and mental shape and able to care for day-to-day needs of residents under the jurisdiction.

Summary of Qualification/Skill:

- Certificate III in Ageing
- Emergency First Aid Training
- Good organizational and time management skills
- Ability to work as a member of a team
- Honest, reliable, hardworking, and compassionate
- Sound proficiency in identifying behaviors of older people in order to assist them.
- Apply problem solving skills
- Aware of cultural values
- Flexible and adaptable to new circumstances

Training:

- Manual Handling Training
- Infection Control
- CPR assessment
- Wound assessment
- Oral medication

Job Responsibilities

- Assisting clients/residents with activities of daily living such as bathing, dressing, grooming, oral hygiene and toileting.
- Observation of basic skin integrity and reporting skin condition to supervisor.
- Determining the clients/resident's needs.
- Serving meals to clients/residents, assisting them to eating and monitoring their eating habits.
- Updating client/resident's record both on manual and computer i.e., Daily assignments, Vital Observation and so on.
- Assist clients/residents to transfer from bed to chair and help clients/residents to walk and use the wheelchair.
- Use the proper manual handling tools for disabled patients.
- Taking and recording a client/resident's temperature, blood pressure, pulse, and respiration rate
- Provide oral medication to the client/resident and complete documentation.
- Report all incidents immediately to RN.

Personal Attributions :

Health: Excellent, physically fit and non-smoker

Languages: Fluent written and verbal English,

Personality: Friendly person with a neat and tidy appearance.

Experience: 120 hours of placement/ Currently working at Fairfield Age Care
(2 years experience as assistance nurse in Nepal)

Available: 7/7

Reference:

Laxmi Gurung (Registered Nurse , Fairfield Agecare)

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