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# SONA JOLLY

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## PROFESSIONAL SUMMARY

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Personable and compassionate healthcare professional equipped with extensive medical knowledge and patient care skills. Possesses strong proficiency in administering medication and monitoring patient health. Committed to delivering top-notch care and positively impacting patient outcomes.

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## SKILLS

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- Direct patient care
- Assisting with mobility, hygiene and nutrition
- Infection control measures
- Accurate clinical documentation
- Clear patient communication
- Patient safety
- Team collaboration

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## EDUCATION

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**Master of Nursing:** 2025-2027

**Institute of Health And Management** - Parramatta, Sydney

**Bachelor of Science in Nursing:** 2019-2024

**St. Joseph's College of Nursing** - Kothamangalam, Kerala, India

- Affiliated to: Kerala University of Health Sciences
- Percentage secured: 72.87 % (First Class)

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## WORK HISTORY

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**Registered Nurse,** 09/2024 - 05/2025

**Taluk Head-Quarters Hospital** – Kothamangalam, Kerala, India

- Department/Ward Allocation: **Medical-Surgical Ward**
- Bed Capacity: 173
- Comprehensive nursing assessments to develop individualized care plans.
- Administered medications, including oral and IV therapies, as prescribed.
- Facilitated communication between patients and colleagues, advocating for the best possible care solutions.
- Conducted IV cannulations and managed blood transfusions safely.
- Provided wound care, including aseptic dressings, and managed pressure ulcers.
- Inserted nasogastric tubes and managed enteral feeding regimens.
- Educated patients and families on treatment plans, medications, and home care.
- Maintained accurate documentation of patient care and progress notes.

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## VOLUNTEER WORK

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*St Joseph's Asylum*

*Retirement Home, Kothamangalam, India.*

June 3, 2024 – August 31, 2024

- Provided care and companionship to residents in a long-term care facility.
- Assisted with daily activities including meals, mobility, and recreational programs.
- Maintained strong interpersonal communication skills and supported staff with organizing and implementing wellness routines.
- Developed strong interpersonal and empathy skills through regular engagement with residents.

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### PROFESSIONAL REGISTRATION

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Kerala Nurses and Midwives Council

Registration No: KL03202402783

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### LANGUAGES KNOWN

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English

Malayalam

Full Professional

Native or Bilingual

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### WORKSHOPS

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- Workshop on Patient safety and leadership conducted by Prof. Ian Peate (OBE FRCN) held at St. Joseph's College of Nursing, Kothamangalam, India
- Workshop on Teaching Learning Strategies- A Newer Perspective held at St. Joseph's College of Nursing

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### ADDITIONAL INFORMATION

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- Certificate III in Ageing and Disability (Enrolled-Expected by June 2025)
- Fully vaccinated against COVID-19
- Flu vaccination up to date
- Willing and ready to undergo National Crime Check
- Available for immediate start

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### REFERENCES

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Name: Mr Rohit Mittal

Contact No: +61 0434959442

Email id: mittalrohit@gmail.com

Designation: Intern Pharmacist

Works at: Chemist Warehouse, Erina Fair

Name: Mrs Aayasha Lakhani

Contact No: +61 0436966525

Email id: jeesha595@gmail.com

Designation: Pharmacy Assistant

Works at: Chemist Warehouse, Erina Fair