

SIWANI RIJAL



0466053040



siwanirijal123@gmail.com



11A Olney Street, Cootamundra, NSW 2590

Personal profile

An enthusiastic and motivated personality with a strong interest in developing the career in health and human services sector. Well passionate about caring and supporting people in their needs. Also holds an extensive experience in acute, emergency, and tertiary care settings (hospital) and residential care settings in overseas and within Australia.

WORK HISTORY

- Working as an Assistant Nurse at Southerncross care nursing home, Cootamundra, Australia (presently)
- Worked as an AIN at Highwood Court aged care, Bolton Clarke, Melbourne, Victoria (Jan 2023- April 2024)
- Worked as a Registered Nurse at Bharatpur Hospital, Nepal (2018-2021).

EXPERIENCE/Roles

Assist in Nursing

- Assist residents with their personal care needs i.e., toileting, showering, grooming, etc.
- Assist residents with feeding and mobility support.
- Provide companionship, support, engage residents in the recreational activities.
- Monitor residents specially associated with high-risk fall, any bruises or abrasions in their body and report to the Nurse-incharge
- Support residents mentally, emotionally, and psychologically
- Documentation of vital charts and report to the in-charge

Registered Nurse

- Wound management
- catheter care and stoma bag care
- Clinical monitoring and medication through different routes of administration such as oral, nasal, IV, rectal, Vaginal, and so on.
- Extensive experience with medical equipment.
- Round-in for patient checkup and medication
- Patient-centered care/ Individualized care

Training and Achievement

- ❖ Hemodialysis training
- ❖ ICU training
- ❖ CPR
- ❖ Waste management training
- ❖ Hand hygiene training
- ❖ Personal safety training
- ❖ Infection control training for covid-19

Skills and Competencies

- ❖ Initiative and self-motive
- ❖ Good communication skills
- ❖ Team-oriented engagement
- ❖ Adaptable and Flexible at work
- ❖ Positive attitude and willingness to learn new things.
- ❖ Empathy and interpersonal skills
- ❖ Responsive, supportive and caring attitude

Qualification

Certificate 3 in individual support equivalence certificate awarded by ANMAC, 2024.

Diploma of Nursing, Balkumari college, Chitwan, Nepal, 2018

References

Available on request.

Note: Besides resume, if you want to know more information about me then please do not hesitate to contact me.