



SHARNJIT KAUR

Registered Nurse - Senior ICU Nurse | 17+ Years Critical Care Experience | CPR/AED Certified | Willing to do AHPRA Registration | Seeking 482 Sponsorship

PROFILE SUMMARY

Dedicated and accomplished Nursing Officer with over 17 years of extensive experience in intensive care and patient management at Government Medical College & Hospital, Chandigarh. Proficient in infection prevention, patient education, and collaborative healthcare delivery, with expertise in enhancing recovery outcomes. Certified in CPR/AED, with a proven ability to lead and mentor healthcare teams in critical care settings. Currently seeking opportunities with 482 visa sponsorship to contribute skills and experience in international healthcare environments.

WORK EXPERIENCE

Nursing Officer, Intensive Care Unit 2007 – Till Now

Government Medical College & Hospital, Chandigarh

- Coordinated patient care services and clinical cost control in the ICU.
- Administered medications, performed wound care, and monitored patients' vital signs.
- Educated patients and families on diagnoses, treatment plans, and lifestyle changes.
- Supervised junior nursing staff, ensuring adherence to hospital protocols.
- Collaborated with multidisciplinary teams for effective discharge planning.
- Implemented infection prevention measures and maintained accurate documentation.
- Precepted student nurses and provided orientation for new staff.

Staff Nurse, Intensive Care Unit 2005- 2007

Government Medical College & Hospital, Chandigarh

- Administered medications via oral, IV, and intramuscular injections and monitored responses
- Performed various nursing interventions such as wound dressing, vital sign monitoring, and specimen collection.
- Implemented medication and IV administration, catheter insertion, and airway management.
- Directed patient care by initiating and following through with plan of care, continuing care, and discharge instructions.
- Coordinated patient discharge planning to provide post-discharge patient care, promoting healing and recovery.
- Delivered patient-centric care, including catheter insertion, airway management, and specimen collection.
- Monitored patients' conditions, promptly reporting changes to medical teams.

CONTACT

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Chandigarh, India

EDUCATION

Punjab Nurses Registration Council

General Nursing And Midwifery

Passed in October 2004 Registered Nurse

Registration Number(28297)

Midwife Registration Number(28310)

**Baba Farid University of Health Sciences,
Faridkot** Bachelor of Nursing Passed in
September 2024

EXPERTISE

- Infection prevention
- Health promotion
- Patient assessment
- Documentation accuracy
- Communication skills
- Patient Care
- Patient education
- Time management
- Pre- and Post-Operative Care
- Staff Training and Mentorship
- Problem-solving
- Heartsaver first aid CPR
- AED (first aid CPR AED)
- Intensive care management
- Morning and Night Shifts
- Working Respiratory
- Regulations Medical
- Equipments user
- Attention to detail
- Certified in CPR/AED
- Medication Administration (Oral, IV, IM)

LANGUAGE

- **English: Fluent**
- **Hindi: Fluent**
- **Punjabi: Fluent**

DRIVING LICENSE

LMV(Driving License Number):- 3764

Staff Nurse

Hero DMC Heart Institute, Chandigarh

2005- 2005

- Provided compassionate care to surgical patients, reducing recovery times.
- Educated caregivers on post-operative care and treatment plans.
- Helps doctors in diagnosis and treatment
- Accompanies very ill patients sent to other departments or transferred to other institutions, if pass
- Observe change in-patient's condition and records
- Takes necessary action and reports to the concerned authority
- Imparts health education to the patient and his/her family
- Reducing recovery times and complications for surgical patients
- Conveyed treatment options, diagnosis information and home care techniques to patients and caregivers.

CERTIFICATIONS

- **CERTIFICATE OF PARTICIPATION FROM CRITICAL CARE
2007
OCTOBER 2007**
- **CERTIFICATE FROM DEPARTMENT OF COMMUNITY
MEDIC
FEB 2006**
- **CERTIFICATE OF APPRECIATION FROM COVID-19
MAR 2021**
- **CERTIFICATE OF PARTICIPATION FROM INTERNATIONAL
SYMPOSIUM ON VENOUS DISORDERS
AUG 2009**
- **CERTIFICATE OF APPRECIATION OF INTERNATIONAL
NURSES WEEK CELEBRATION
JUL 2023**

ACHIEVEMENTS

- 17+ years of ICU experience managing critical care patients at Government Medical College & Hospital, Chandigarh.
- Supervised and trained junior staff and student nurses, enhancing team efficiency and skill development.
- Implemented effective infection prevention measures, ensuring patient safety and regulatory compliance.
- Led patient discharge planning, improving post-hospital recovery and continuity of care.
- Provided comprehensive patient and family education, supporting better health outcomes and treatment adherence.
- Received a Certificate of Appreciation for COVID-19 service (March 2021), recognizing dedication during the pandemic.