

RESUME

CLAIRE GACHUCHU,
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Email:

Experience:

- | | | |
|---------------|--|-----------------------|
| Current | Supported Housing Development | North Stratified, NSW |
| | <i>Care and Support worker</i> | |
| | <ul style="list-style-type: none">• Assisting clients with daily needs including hygiene and personal care• Giving medication to clients in a timely manner• Monitoring and running Peg feeds for clients• Monitoring and managing fluid inputs and outputs for clients• Bowel management and giving enemas to clients when required• Daily activities with clients including exercise and using tilt tables• Cooking for and with clients• Taking clients for appointments (Dr's, Physio, Gym and swimming)• Liaising with Mgt on client needs vis-à-vis staff responsibilities• Taking clients home to visit with their families• Domestic duties including cleaning and laundry | |
| Jan-July 2014 | Berala on the Park | Auburn, NSW |
| | <i>Assistant in Nursing</i> | |
| | <ul style="list-style-type: none">• Helping residents with daily hygiene needs and personal care• Representing residents problems to the doctor or Registered Nurse• Recreation activities with the residents and their families• Spending time with residents | |
| 2013 to 2014 | Groups Homes Australia | St Ives, NSW |
| | <i>Home Maker/Carer</i> | |
| | <ul style="list-style-type: none">• Giving medication from blister packs as directed• Helping residents with daily hygiene needs• Recreation activities with the residents and their families• Spending time with residents• Cooking and baking with residents• Going out for movies and sight-seeing with residents. | |

Education:

August 2011 Aus-Biz Services PTY LTD

- *Certificate III Aged Care Work*

2009 to 2011

Australian Academy of Management & Science

- *Diploma of Disability Work*

Strengths:

- An effective communicator,
- Articulate,
- Team Player,
- Fast learner,
- Hardworking,

References:

Available on request
