

# SAMITA SHAHI

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501/39 Cooper Street, Strathfield, NSW, 2135

## Personal attributes

- Sound management skills
- Sound knowledge in using Microsoft office (word, excel, internet)
- High respect toward human dignity
- Hard worker and punctual.
- Work within scope of practice
- Easily adaptable in group and new environment.
- Work under pressure and strictly follow work protocols.

## Additional Qualification

Certificate III in Individual Support and Ageing

*From Ambition Training Institute, Suite 11, 14 Edgeworth David Avenue, Hornsby NSW 2077.*

## Other Trainings

- First aid & CPR Training
- Manual Handling Training
- Dementia Friendly Training

## Career Objective

To secure a responsible career opportunity to fully utilize my training and skills, while making a significant contribution to the success of the company and effectively use my entire effort to utilize my inherent patience, discretion and knowledge to aid elderly in managing activities of daily life.

## Education

Education Board	Year	Institution
Certificate Level Medical Laboratory Technology (CMLT)	2015	Green Tara College of Health Science ,Nepal
Higher secondary	2012	CPS College, Nepal

## Work Experiences:

### **Placement 120 Hours in KOPWA Aged and Community care Duties Performed**

- Assisting people to perform important daily activities.
- Ensuring a varied program of social activities.
- Facilitating daily personal hygiene and dressing tasks.
- Providing Family Environment.
- Providing emotional support and friendship
- Undertaking care of them.
- Maintaining hygiene including oral and personal.
- Setting up their beds and tidy their unit as required
- Showering and dressing up the residents
- Toileting at frequent intervals, and changing pad as needed

### **AFEA CARE SERVICES (2021-03-17 to 2021-10-17)**

#### **Duties Performed:**

- Personal care and hygiene including showering, grooming and toileting.
- Meal preparation and feeding.
- Domestic assistance.
- Medication assisting.
- Bed setting and dressing the residents.
- Helping in their regular exercises.

### **Availability**

- On request.

### **Visa Conditions**

- 500 Visa with unrestricted working hours

### **References**

**ANJLALI POUDEL**

Registered Nurse at BUPA Aged  
Care, St. Ives

Email- [anjali.paudyal@yahoo.com](mailto:anjali.paudyal@yahoo.com)

### **BUPA AGED CARE (2021-10-17 TO TILL):**

#### **Duties Performed:**

- Personal care and hygiene including showering and grooming.
- Assist in toileting.
- Documentation of records.
- Medication assisting and recording.
- Bed setting and dressing the residents.
- Measuring residents' vital signs.
- Stocking of supplies i.e pads
- Repositioning and transfer residents between beds and wheelchairs.