

# Ruvimbo Hannah Madzingira

## *Aged and Disability Carer*

### **Professional Summary**

With more than one year of hands-on experience, I have delivered care, compassion, companionship, and emotional support to elderly and disabled individuals. Adapting rapidly to new environments, I am highly motivated and consistently strive for self-improvement. Leveraging my background as an earth science technician, I demonstrate superior work ethics and excel in multitasking. My proficiency in accurately documenting vital and health statistics allows me to work efficiently and effectively.

### **Work History**

#### **Signature Care - Personal Care Assistant**

Wagga Wagga, Australia

07/2024 - Current

- Supporting the residents with activities of daily living such as room presentation, personal hygiene, dining and lifestyle activities
- Assisting residents to manage their behaviors using multi-disciplined team approach and diversional strategies
- Administering medications when required under the direct supervision of the Registered Nurse
- Undertake assessments and charting as required including resident of the day and admission and seek sign off by the Registered Nurse
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Assisting residents to participate and lifestyle staff to conduct activities
- Ensuring all documentation is completed by end of shift or handed over to incoming Clinical Care Coordinator (Nurse in Charge) as required through end of shift reporting
- Ensuring compliance and correct documentation by completing to the highest standard assessments, plans, documentation, intervention implementation and evaluation for residents
- Engaging in appropriate and dignified conversations with residents, their family and friends
- Escalating any changes or concerns to Clinical Care Coordinator (Nurse in Charge) in a timely manner during shift
- Ensuring you and your team adhere to policy and procedures

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### **Skills**

Personal hygiene assistance

Communication integration

Verbal and written communication

Team collaboration

Mobility assistance and client transportation

Multi-tasking

Observational skills

Housekeeping tasks

Palliative caring

Time management

Meal management and nutrition monitoring

### **Volunteer work**

Eaglehawk Community house, Bendigo Victoria

- Assisted with special events and programs.
- Maintained clean, neat, and operational facilities to serve program needs.
- Supported engaging, fun, and smooth-running events by helping with organization and planning.

- Completing all tasks allocated as scheduled prior to handover to ensure all activities have been completed or handed over to incoming Clinical Care Coordinator (Nurse in Charge)
- Completing resident of the day and other clinical assessments and reviews as per procedures
- Following mandatory reporting procedures and inform the Clinical Care Coordinator (Nurse in Charge) immediately if there are any concerns or incidents
- Assisted with transferring and positioning clients, ensuring proper body mechanics to reduce the risk of injury for both parties.
- Managing with reasonable care the workplace environment in which the Team undertakes care activities which include equipment
- Working autonomously and responding to the needs of residents and their families in a timely manner and escalating any issues to Clinical Care Coordinator (Nurse in Charge) during shift
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Adapted quickly to new client situations, building rapport through active listening skills and an empathetic approach towards individual needs.

### **Olympia Projects PTY Ltd - Disability Support Worker**

Bendigo, Australia

10/2023 - 06/2024

Main roles included assisting residents with all care and Facilitating patient movement and daily care support

- Plan and assist with nutritious and healthy meals for residents.
- Organize daily activities to encourage health and mental wellness of patients.
- Provide emotional, physical, and mental support.
- Assist in maintaining safe, clean, and positive client environments including all personal hygiene.
- Coordinate care with other healthcare and support professionals.
- Assist in mobilizing or transferring residents using manual handling equipment.
- Supporting clients in achieving their personal goals and fostering independence.
- Engaging clients in recreational and social activities to enhance their quality of life.
- Maintaining accurate records of care provided and reporting any changes in clients' health or behaviours to the appropriate supervisors.
- Collaborating effectively with team members, families, and other healthcare professionals to ensure comprehensive care.
- Drove clients safely to social activities and appointments.
- Developed strong interpersonal relationships with clients, earning their trust and respect through consistent empathy and understanding.
- Supported clients in maintaining a clean living space by assisting with household tasks such as laundry, meal preparation, and general tidying.

- Increased cultural awareness with organization of multicultural festivals.

### **Certifications**

- Individual support in Aged Care Certificate iii Apex Training Institute
- ACWA Skills Assessment.
- Dementia Care Certification - Dementia Australia.
- First Aid Certification - Australian Wide First Aid.
- NSW Driver's License
- First Aid Certification
- CPR Certification Allens Training Pty Ltd NSW
- NDIS Orientation modules
- IELTS Overall band score 7.5

### **Education**

11/2023

#### **Midlands State University**

Zimbabwe

Bachelor of Science: Geology

#### **Zimbabwe School of Mines**

Zimbabwe

- Awarded HND in Mine Geology HEXCO 2016
- Completed an ND in Mine Geology 2012

#### **Apex Training Institute**

Australia

Individual Support in Aged Care Certificate III 2024

- Managed medications effectively for clients under strict supervision from healthcare professionals, ensuring adherence to prescribed treatment plans.
  - Adhered to company requirements for patient interactions and care standards.
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## ***References***

1. George Connison (Enrolled Nurse) email gconnison@yahoo.com 0431040157 Company : For Purpose Aged care NSW
2. Monica Jepkemboi Baraiywo ( Aged Carer) email jepkemboim@gmail.com 0424079507 Company SignatureCare Aged care NSW
3. Clair Blondinau HR admin2.wag@signaturecare.com.au 0259715000
4. Enos Mahachi Manager at Olympia projects 047481332 enos@olympiaprojects.com.au or Evoni Supervisor at Olympia Projects 0468368612