

RUJEENA RANJITKAR

SUMMARY

Compassionate aged care worker with strong communication skills and a passion for enhancing elderly well-being. Experienced in providing personal care, emotional support, and maintaining a safe, respectful environment.

EXPERIENCE

Aged Care Assistant
Adventist Aged Care, Waroonga
June 2024

- Assisting residents with daily tasks such as bathing, dressing, grooming, and toileting.
- Observing and reporting changes in physical, mental, and emotional health.
- Supporting clients with walking, transferring, and using mobility aids like walkers or wheelchairs.
- Offering companionship and emotional comfort to enhance the resident's quality of life.
- Maintaining accurate and up-to-date care records, including daily activities and incidents.
- Following individualized care plans designed to meet residents' specific needs and preferences.

CONTACT

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EDUCATION

Tribhuvan University
Bachelor in Business Studies
Major in Finance

SKILLS

Good Communication Skills
First Aid and CPR Certification
Patient Care
Time Management
Empathy and Compassion

REFERENCE

Sandipa Singh
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