

Rubina Rai

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OBJECTIVES

To work in an environment where I can demonstrate my skills and provide quality care to the residents. I am motivated, passionate, dedicated, and determined to deliver quality and excellent care to all residents.

CAPABILITY

- Strongly comply with the organisation's policies, procedures, and standards and act to reinforce in practice regularly.
- Ability to maintain a positive attitude with patients and their family members and quickly adapt to changing environments.
- Excellent team player in a team.
- Good written and communication skills.
- A commitment to excellence in caring for the aged.
- Ability to work independently and carry out activities of daily living.
- Problem-solving ability.

EDUCATION & CREDENTIALS:

+2 | 2017 | DAV secondary school, Nepal
Management

Bachelors | 2021 | Kathmandu Model College, Nepal
Bachelor's in art & social science

University of Technology |2024 | Sydney
Master of Strategic Communication

Certificate III in Individual Support (Ageing) 2024, Australia

Encourage Training College

Placement Experience 2024- 3 Weeks

Bupa Ashfield 126-128 Frederick

Street Ashfield NSW 2131

Work experience

Host Assistant |The Meat and Wine Co

To contribute to the effective management of operations across the restaurant to meet the Company objectives and key performance indicators.

Cashier | IGA Local Grocer

Customer service, processing transactions, operating the POS system, balancing cash drawers, and promoting loyalty programs.

Responsibilities at Bupa Ashfield as an AIN:

- Assisting residents with their ADLs such as showering, feeding, toileting, oral hygiene, shaving, and dressing.
- Assisting residents with their mobility.
- Maintaining accurate and detailed resident records.
- Observing and reporting to RN any sort of changes noted in residents.
- To protect the rights of residents and to ensure care provided always maintains residents' dignity and privacy.
- Working cooperatively with multi-disciplinary team members.
- Maintaining appropriate hand-washing techniques.
- Following correct Manual Handling Procedures.
- Supporting residents in decision-making and appreciating their choices.
- Providing emotional and psychological support to the residents and their families by creating a harmonious environment.

AVAILABILITY

- Available for all shifts, extended hours, weekends, and weekdays.
- Working rights in Australia.

References: Available on request