

## **Ronald Goreraza**

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### **Profile**

A diligent Caregiver focused on providing optimal support to clients through personalized assistance and care required to manage diverse medical conditions. Proficient in organizing medications, doctor appointments and personal activities. Caring, organized and friendly with excellent people skills. Devoted to patient physical comfort and emotional support. Well versed in personal grooming, safe patient ambulation, housekeeping and feeding. Friendly and engaging with strong mindfulness.

### **Educational Qualifications**

Certificate three in Individual Care; Aged and Disability, Australia – 2024

First Aid and CPR Certificate, Australia - 2024

Manual Handling Certificate, Australia - 2024

Diploma in Care Giving, Alison online - 2019

National Police Check, Australia

Working With Children Check, Australia

NDIS Check, Australia

COVID Vaccinated

### **Core Competencies**

#### **Communication**

- Advanced verbal and written skills
- Demonstrated ability to communicate with a diverse range of people.
- Advanced people skills
- Demonstrated proficiency in using Excel, Power Point and MS word.

#### **Teamwork**

- Demonstrated ability to work as part of a team as well as autonomously.

#### **Self-Management**

- Demonstrated ability to self-manage.

## **Employment History**

### **Support Worker – Invictus Disability Support Services (Placement 2024)**

As part of the Certificate 3 in Individual Care; Aged and Disability. Duties included;

- Working collaboratively with and tapping into the knowledge of the Residential team to ensure the client experiences a consistent and considered care arrangement ensuring that the house environment is inclusive and welcoming that leads to a high quality of care to clients.
- Providing day-to-day support to people with a disability in various environments to help them improve their independence and achieve their goals.
- Assisting clients with the range of personal activities including hygiene support, use of manual handling equipment, medication assistance, domestic assistance, meals.
- Following specific Positive Behaviour Support Plans (PBSP) for clients
- Assisting clients with engaging in community, social and recreational activities.
- Supporting clients within both group settings and 1-on-1 arrangements.

### **Nursing Assistant – Gunhill Clinics (Current)**

Duties included;

- Assisting patients with medication reminders and taking doctor's prescribed medications
- Assisting with toileting, supporting serving users with incontinence.
- Cleaning of Clinic equipment including commodes, dustbins, tidying up wash area, kitchen, waiting rooms and ensuring sanitary environment for patients
- Turning and positioning bed bound patients to prevent bedsores and maintain comfort levels.
- Assisting with safe mobility support to help patients move around personal and public spaces.
- Engaging patients in meaningful and empathetic conversation, socialization and activity while providing personal care assistance, dressing, and grooming.
- Using manual handling equipment to transfer clients when needed.
- Recording observations and services completed in the Logbook.

### **COVID 19 Relief (2020 - 2022)**

- Provided relief for families in need of support during the COVID 19 pandemic.
- Provided care for a family member diagnosed with COVID-19, diabetes and hypertension.
- Performed personal care, provided companionship, and ensured comfort.

### **After Hours Logistics Assistant - Shaleo Freight Services, Harare (2021– 2024)**

- Ensuring After Hours customs requirements are met, including data entry and maintenance of vessel files, including inputting, updating, and maintaining relevant information.

- Providing support for other offices or locations upon request.
- Accurate and timely processing of documentation and bookings coordination, including arrival notices, invoices and delivery orders.
- Maintain a high level of customer service in all dealing with clients.

**Referees: On request**