


Rojina Thapa

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To secure an aged care job position where I can utilize my skills and knowledge to provide high-quality care to elderly residents and contribute towards their well-being. I want to be equipped with the knowledge and skills to work in an industry where I can support the health and well-being of older people.

Experience

Aged Care Assistant

BUPA AGE CARE, St. Ives

120 Killeaton St, St Ives NSW 2075

- Assisted elderly residents with activities of daily living, such as bathing, dressing, and toileting.
- Administered medication to residents as prescribed by the doctor.
- Monitored residents' physical and emotional well-being and reported any changes to the registered nurse.
- Assisted with meal preparation and feeding.
- Assessing the level of care a client needs & experience with Dementia Residents.
- Always Maintaining the comfort and dignity of patients.
- Participated in activities and events organized for residents.

Nursing Placement

Completed 120 hours of aged care placement in March. (2021)

- I am responsible for ensuring that people receive the very best standards of care and support at the center.
- Assisting residents with personal care, washing and bathing, assist with administration of medication, light domestic duties, and social activities.
- Physically handling elderly, ill, or disabled people.
- Providing general care and emotional support to residents.
- Supporting the work of qualified nurses & helping residents to dress and undress.

Skills

- Excellent communication skills
 - Ability to work independently and as part of a team
 - Proficient in providing personal care to elderly residents
 - Knowledge of medication management
 - Understanding of aged care policies and procedures
 - Ability to prioritize tasks and manage time effectively
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Education

2022-PRESENT

- ❖ Bachelor of Nursing | Second Year Ongoing | ACU University, North Sydney
- ❖ Certificate III in Individual Support (2021)
- ❖ CHCAGE005 Provide support to people living with dementia, Global education institute. (2021)
- ❖ CHCAGE006 Provide basic emergency life support, Global education institute. (2021)
- ❖ CHCAGE007 Provide first Aid, Global education institute. (2021)
- ❖ Australian National Police Check.

Reference available on request

Please feel free to contact me if you have any question?
