

Rohini Nirmala

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KEY SKILLS

- First aid
- Personal care
- Domestic assistance
- Transportation assistance
- Planning
- Reliability
- Flexibility
- Empathy
- Resilience

PRO. QUALIFICATION

B. Sc. Nursing (English Medium) | GPA: 2.69/4 from Open University, Nawala, Sri Lanka.
Graduated 2021

Diploma in Nursing from Nursing Training School, Kurunegala, Sri Lanka.
Graduated 2007

Diploma in English from Wayamba University of Sri Lanka.
2011

Certificate in Pediatric Nursing (6-Month Course) from Post Basic College of Nursing, Colombo, Sri Lanka

Obtained IELTS Academic Overall: 5.5

PROFESSIONAL SUMMARY

17 years experienced assistant nurse with a history of providing compassionate care across various roles in Sri Lanka and UAE. Skilled in senior care. Medication and support.

PROFESSIONAL EXPERIENCE

Registered Nurse at MMC Poly Clinic & Home Health Care Company (Dubai-UAE).

Oct 2023 – Present

A Assistant Nurse provides comprehensive patient care by administering medications, monitoring vital signs, and collaborating with healthcare teams to ensure optimal patient outcomes. Play a critical role in patient education, support, and the implementation of treatment plans.

Key Responsibilities

- Caring out personal care duties including showering and bathing, dressing, toileting, assisting with mobility and providing feeding assistance.
- Providing assistance with medication, documentation, shopping and domestic duties as required.
- Conferred with a nurse to discuss the patient's condition and medical care, helping to optimize treatments and enhance outcomes.
- Practiced personalized motivation strategies to engage serve users in physical activities.
- Applied mobility assistance knowledge to safely ambulate patients with varying elevations and obstacles in different spaces.

Key achievement

- Delivered restrictive care for over 5 patients in their own residents, keeping them at the peak of their abilities and preventing further impairment.

Registered Nurse in Female and Male Medical Units at Teaching Hospital, Kuliypitiya, Sri Lanka.

Nov 2021 - Oct 2023

CERTIFICATION

**Dubai Health Authority -
Registered no. 52367537**

**Sri Lanka Nursing Council -
Registered No. 04768**

**Positive skill assessment
result from Australia
(ANMAC)
Nov 2023**

Basic Life Support (BLS)
Issued March 2023, American
Safety and Health Institute, Sri
Lanka.

Good Standard Certificate
Issued April 2023, Sri Lanka
Nursing Council

Advanced life support (ALS)
Issued date 2023.8.6 American
Safety and Health Institute.

Key Responsibilities

- Demonstrated proficiency in cardiac and pulmonary resuscitation (CPR) and participated in diverse investigation procedures.
- Monitored and assessed patient health conditions, implementing timely interventions as required.
- Educated patients and families on personalized health maintenance and disease prevention strategies.

Key achievement

Assisted patients in maintaining self-care when required

Registered Nurse in the Special Care Baby Unit at Teaching Hospital, Kuliypitiya, Sri Lanka.
May 2015 – Nov 2021

Registered Nurse Male Surgical Unit at Teaching Hospital, Kuliypitiya, Sri Lanka.

Jul 2009- Nov 2011

Key Responsibilities

- Prepared patients for various surgical procedures, ensuring optimal surgical outcomes.
 - Recognized and reported post-surgical complications promptly.
 - Executed effective pain management strategies, enhancing patient comfort.
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Registered Nurse Labor Room, Antenatal, Postnatal Units, and Gynecological Unit at Base Hospital, Maravila, Sri Lanka.

Nov 2007- May 2009

INTERESTS

- Traveling: Exploring new cultures, cuisines, and landscapes, whether locally or internationally.

REFERENCES

M. M. A. Marasinghe
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