



Rishu Pannu

Merrylands, NSW 2160 0420698891 rishu04102003@gmail.com

EDUCATION

Certificate III | Individual Support

Luvium, Australia

Bachelors of | Nursing

EXPECTED IN 12/2026

University of Technology Sydney, Sydney, NSW

PROFESSIONAL SUMMARY

Empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in hospital and in-home settings providing guidance and encouragement to patients through physical and emotional support.

SKILLS

- Dedicated to providing compassionate care for elderly
- Ensuring their well-being, dignity, and respect
- Strong communication skills for effective interaction with seniors and their families
- Developing personalized care plans to meet individual needs
- Promoting independence and safety for seniors
- Excel in collaborative environments, working closely with multidisciplinary teams
- Enhancing resident care and support
- Vital Signs Management
- Nursing Assistance
- Problem Identification
- **First Aid Certification**

WORK HISTORY

CARE SERVICE EMPLOYEE

09/2023 to CURRENT

Baptistcare Aminya | Baulkham Hills, NSW

- Engaged patients in meaningful conversation, socialization, and activity while providing personal care assistance.
- Supported clients with mental support and physical activities to accomplish quality of life and sustain needs.
- Built strong relationships with clients to deliver emotional support and companionship.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.

- Provided compassionate and patient-focused care to cultivate well-being.

PERSONAL CARE ASSISTANT

03/2023 to 08/2023

Melrose Village | Pendle Hill, NSW

- Assist residents with daily living activities including showering, dressing, personal care, feeding and toileting. Ensure best physical comfort of residents. Notice physical changes and discuss them with supervisor of duty. Interact with residents and their families in cheerful and empathic manner
- Observing, documenting and reporting clinical and treatment information, including patient's behavioral changes, assist with ambulation and mobilization of patient .
- Built strong relationships with clients to deliver emotional support and companionship.
- Supported clients with mental support and physical activities to accomplish quality of life and sustain needs.
- Assisted patients with self-administered medications.
- Helped clients maintain optimal health by overseeing medication administration and doctor's appointments. (Under supervision of Registered Nurse all time)

REFERENCES

PROFESSIONAL

Niraj Rani, Registered Nurse
Melrose village
0433013617