

Saujanya subedi

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WORKING EXPERIENCE

- Working as medicator/AIN in Opal Healthcare in Monavale (2023-Present)
- Working Part-time permanent as a Nursing Assistant in Thomson Healthcare. (2022–2023)
- Completed Clinical Placement as AIN student with proper documentation in Thomson Healthcare
- Worked as a Chef in Cottage Point Inn from (2021 – 2024)
- Worked as a Cook in Post Card from Napoli (2019 – 2021)
- Worked as a Kitchen Hand in Sammy's Restaurant Gynea (2018 – Present)

ATTRIBUTES

- Possess strong organizational skills
- Have a collaborative and team-oriented approach
- Strong customer service focus and ability to priorities
- Knowledge of medical terminology and infection control standards
- Have awareness of WHS, fire regulations and manual handling procedures
- Creativity & Optimistic Analytical & logical thinking
- Excellent interpersonal and communication skills
- Patience, energetic and calm under-pressure.
- Strong willing power and effective communication
- Teamwork, positive attitude, reliable and ethical

Key Learnings [Certificate IV in Ageing Support]

Working in Opal Healthcare

- To assist client with medication
- To administer and monitor medications
- To establish rapport with families, staff and volunteers and facilitates communication between
- To protect the rights of residents and ensures care provided maintains resident's dignity
- To respect the confidentiality of residents as well as other team members
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the resident including all activities of daily living, social
- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision makingPage 2
- To provide domestic services in the residential facility including food handling, laundry, cleaning
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety,
- To maintain the workplace equipment and environment
- To recognize health and environmental hazards and reports damages, faults and problems
- To fulfill duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

EDUCATION

Universal Business School

(Bachelor's in accounting)

International Institute of Education and Training

(Certificate IV in Ageing Support)

TRAININGS:

- Manual Handling
- Infection Control and hand hygiene
- First Aid Training
- Incidents/accidents/hazards management training
- WHS training
- Elder abuse training
- Dementia carer training
- Medication administration training

CERTIFICATIONS:

- NSW Police check
- Certificate IV in Ageing Support
- 'Quality, Safety and You' - NDIS Worker Orientation Module
- First/AID and CPR
- Manual Handling

REFERENCE

Sweta Shrestha (Thompson Healthcare, Terry Hills)

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