

# **NISCHAL PARAJULI**

Assistant in Nursing and Disability



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3 Meridian St, Leppington NSW 2179

## **EDUCATION**

#### Victoria University

► Bachelor of Business

▶ 2024 - 2025

#### Australian Community of Mangenent Collage

- Certificate III in Age Care and Disability
- ▶ 2024

#### **Australian Catholic University**

► Bachelor of Nursing

▶ 2025 - 2027

# <u>SKILLS</u>

- Compassion and Empathy
- Communication Skills
- Patience and Flexibility
- Teamwork and Collaboration
- Digital Marketing
- Obersvation and
  Documentation

## **REFERENCES**

## Amita Subehi

Thompson Health Care. / RN

Phone: 0410923038 Email: subedi.ammu@gmail.com

### Shova Poudel

Thompson Health Care / AIN

Phone: 0403440586 Email: shovapdl8@gmail.com

# **SUMMARY**

Passionate and dedicated individual with a strong commitment to a career in healthcare. Set to begin a Bachelor of Nursing, with hands-on experience gained from a placement as an Assistant in Nursing in aged care. Eager to build a meaningful career in nursing, making a positive impact on patient care and well-being across healthcare settings

# **OBJECTIVE**

As I begin my studies in nursing, working in aged care will be a crucial step in my career development. I am passionate about providing compassionate care to elderly individuals, supporting their well-being and dignity. I am committed to making a positive impact in this field, ensuring the highest standards of care for vulnerable individuals. And i assure you that when i get this position i won't disappoint with my performance.

# WORK EXPERIENCE

#### Thompson Health Care, Oran Park

#### Oct,2024

Did Placement

- Helped residents with essential daily activities such as bathing, feeding, dressing, and supporting mobility, ensuring dignity and comfort.
- Ensured residents' comfort and well-being during mealtimes, helping during breakfast, lunch, and dinner.
- Made arrangements and assisted residents for leisure activities using games and movie screenings to build a sense of community.
- Safely operated lifting and standing machines to assist high-care residents with mobility and transfers.
- Promoted oral health by assisting residents with denture cleaning and mouthwash administration.

#### Macdonald, Domestic Airport

#### Feb,2024-Present

Overnight Crew Member

- Assisted in food preparation, including cooking, assembling, and packaging food items.
- Followed standardized recipes and portion sizes to maintain consistency in food quality.
- Upheld cleanliness and sanitation standards in accordance with company policies and health regulations.
- Worked efficiently in a fast-paced environment to meet customer demand during busy periods.