

MANJEET KAUR

3 Passmore Avenue, Catherine field 2557

CARER & SUPPORT WORKER

CONTACT

0469796047

Manjeet1990chd@gmail.com

PROFILE

Compassionate and dedicated **Assistant in Nursing (AIN)** with 5 years of experience working as a **Carer and Support Worker** in both residential and community settings. Adept at delivering high-quality, person-centered care, supporting patients with daily living activities, and ensuring their physical and emotional well-being. Experienced in monitoring health conditions, administering medication, and assisting with rehabilitation. Strong communication and interpersonal skills with a commitment to promoting the dignity and independence of patients.

SKILLS

- Proficient in using medical software and electronic health record system
- Strong problem-solving and critical thinking skills in patient care situations
- Ability to manage multiple priorities in a fast-paced environment
- Excellent time management and organizational skills

EXPERIENCE

Assistant in Nursing (AIN) / Carer & Support Worker

RSL Life Care (John Edmonson VC Gardens), 2019-2025

February 2019-Present

- Provide compassionate care for elderly residents in a residential setting, ensuring dignity, independence, and comfort in daily activities.
- Assist residents with personal care, including dressing, bathing, grooming, and mobility support.
- reporting to senior nurses or healthcare providers.
- Provide emotional support, companionship, and social activities to enhance the quality of life for patients.
- Maintain a clean, safe, and hygienic environment in patient rooms and common areas, adhering to infection control policies.
- Support clients with chronic conditions, mobility issues, and dementia care, ensuring their needs are met with the highest standard of care.

EDUCATION

Certificate III In Individual Support
2018

Support Worker

Assure Care

2022-2023

- Delivered personal care services for clients in their homes, including assistance with hygiene, meal preparation, and medication reminders.
- Supported individuals with physical and mental disabilities in daily activities, promoting independence and improving overall well-being.
- Assisted clients with mobility challenges, using assistive equipment (wheelchairs, walkers, etc.) to ensure safe transfers and positioning.
- Communicated regularly with family members and healthcare professionals to update on patient progress and condition.
- Supported clients with mental health challenges, utilizing de-escalation techniques and promoting positive mental health.
- Assisted in monitoring and maintaining patient health records, ensuring compliance with relevant regulations and confidentiality standards.

REFERENCES

Silvy

Position- Assistant in Nursing (AIN)

Phone no.-0470340165

Parneet Kaur

Position- Support Worker

Phone no- 0415938143

Email- parneet.kaur2015@yahoo.com.au