CHARITY CASTRO

14A Warrego Street North St Marys, 2760 0480463270 <u>charityccastro@gmail.com</u>

EDUCATIONAL BACKGROUND

Queensford College | Parramatta Diploma of Nursing 2024-Present

WORK EXPERIENCE

ASSISTANT IN NURSING | OUR LADY OF CONSOLATION AGED CARE & SERVICES February 2023- Present

- Assists residents with activities of daily living, including bathing, dressing, and mobility support, promoting a sense of independence and dignity
- Monitors and documents resident's vital signs, reported observation to the nursing staff, and collaborated in the implementation of care plans
- Participates in team meetings to discuss resident care and contribute insights for improving the facility's care services
- Ensure residents are comfortable and addressing any immediate needs

ENROLLED NURSE STUDENT TRAINEE | ASHFIELD TERRACE CARE COMMUNITY June 2024

- Monitored vital signs such as blood pressure, pulse rate, oxygen saturation, and temperature
- Assisted residents in personal hygiene tasks like bathing, toileting, feeding, and meal preparation
- Observed administering medications under the supervision of RN
- Gained experience in performing clinical skills, including wound care

SKILLS HIGHLIGHT

Works effectively under pressure Patient care Motivated and well-disciplined Strong written and verbal communication Collaboration and teamwork LOTE – Filipino

CERTIFICATIONS

HLTAID009 Provide Cardiopulmonary Resuscitation | May 2024 Certificate IV of Ageing Support | February 2024 NDIS Worker Check | March 2024 Working with Children Check | February 2024 HLTAID011 Provide First Aid | April 2023 Licensure Examinations for Physical Therapist Passer | February 2018

REFERENCE

Erna Menzies | RN 0401457676 Ashfield Terrace Care Community Sweta Gautam | Medicator/Cert IV 0432501988 <u>gautamsweta1999@gmail.com</u> Ashfield Terrace Care Community