

Birendra GC

Address 51, Julius road , Rosemeadow, 2560, NSW
Contact Number 0423683144
Email birendragc32@gmail.com

SUMMARY

Compassionate and dedicated aged care professional with experience in both placement and work in aged care. Holds a Certificate IV in Ageing Support and is skilled in personal care, mobility support, and health monitoring. Passionate about ensuring residents' comfort, dignity, and well-being while creating a positive and supportive environment. Strong communication skills with a caring and professional approach to aged care.

EXPERIENCE

Yallambee Village, Bankstown City Aged Care (34 Hydræ St, Revesby NSW 2212)

Personal Care Worker

Feb, 2025 - Present

- Taking observations such as blood pressure, temperature, pulse, respiration, blood glucose level
- Bed making and making resident's room and ward tidy
- Giving shower and sponge to the residents, providing regular toileting care, and grooming of residents
- Feeding and maintaining good oral hygiene of the residents
- Providing pressure area care and proper manual handling of the residents
- Proper collection and disposal of waste products in the nursing home
- Compliance of infection control policy of the organization
- Maintaining intake and output chart, bowel charts, restraint chart and other required paper works

Gyan Jyoti Public School (Nepal)

Managing Director At Student Resident (Over Seas)

Jul, 2018 - Nov, 2024

Thistle Port Dickson Resort (Malaysia)

Student Trainee Internship Malaysia (Over Seas)

Mar, 2015 - Sep, 2015

Hotel Tenki (Kathmandu)

Front Office Cashier (Over Seas)

Dec, 2012 - Feb, 2014

LSG Sky Chef Soaltee Crowne Plaza (Kathmandu)

Catering Assistant (Internship) (Over Seas)

Jul, 2012

EDUCATION

Australian Community and Management College. (Suite 201 Level 2 , 40 Main Street, Gosford NSW 2250)

Certificate IV in Ageing Support CHC43015

Tribhuvan University (Kathmandu)

Masters in Tourism and Hospitality Studies (MTHS)

Dec, 2019 - Jan, 2023

Ritz Hospitality Management College. Pokhara University (Pokhara University)

Bachelor in Hotel Management (BHM)

Additional Information (Availability)

Apr, 2025

- Flexible with working hours, including weekends and public holidays.
- Authorized to work full time in Australia

Skills

Knowledge of 8 Aged care Quality standard, Resident Care and Assistance, Dementia and Alzheimer's Care, Emergency Response and First Aid, Mobility and transfer support

Language

Nepali, English, Hindi

References

Soniya Dhakal Lamichhane - *Registered Nurse (RN)*

Bankstown City Aged Care

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Celia Elizabeth John - *Team Leader and Registered Nurse*

Bankstown City Aged Care

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