

Akari Kugai

Phone: 0421489951
Email: ao26ts@gmail.com
Address: Unit15 13 Belmont Avenue, Wollstonecraft NSW 2065

SUMMARY

I worked as a registered nurse in Japan for seven years and a half years. I have experience in intensive care, chronic disease care, obstetrics ward in cardiac hospital, and home care. As a result of these experiences, I attained competence in improving a patient's overall quality of life. Additionally, I have experience in a leadership role in a hospital including nurse training.

WORK EXPERIENCE

Visiting Bathing / DayCare facility Nurse

April 2023-November 2023

Conducted thorough health assessments to determine the suitability of clients for bathing. I implemented safe bathing strategies tailored to the individual needs of each client. This role included providing specialized care to clients with complex medical conditions, such as those requiring ventilator support. I also assessed the physical and mental well-being of both clients and their carers to offer holistic nursing support. Furthermore, I provided guidance and assistance to families and carers, ensuring comprehensive care and support for all involved.

Conducted thorough health checks on clients, ensuring their well-being and monitoring any changes in health status. Promoted and supported clients' independence, enabling them to continue living in their own homes. Assisted clients with different Activities of Daily Living (ADLs) and supported their mobility needs. Facilitated clients' participation in activities, ensuring a safe and engaging environment.

Sakakibara heart institute

April 2020-March 2023

Provided specialized care for pregnant women with heart disease, ensuring both maternal and fetal well-being. I cared for newborns, ensuring their smooth transition to extrauterine life. I effectively managed emergency cases, utilizing critical thinking and rapid response skills. Additionally, the ward had elderly patients who needed catheterization or surgery for cardiac disease. I offered these patients pre-operative and post-operative support to optimize their recovery and health outcomes.

National Tokyo Medical Center

April 2015-March 2020

During the first two years of my hospital tenure, I provided comprehensive care for patients with otolaryngology diseases, oral surgery cancer diseases, dermatology diseases, and internal medicine diseases. I focused on patient-centered nursing, ensuring their comfort, particularly for cancer or bedridden patients, and implementing effective pain control measures for cancer patients. Additionally, I conducted education sessions on lifestyle adjustments prior to patient discharge. In the High Care Unit, I managed patients in hyperacute stages, provided hyperacute rehabilitation, and facilitated end-of-life care. This encompassed a wide range of situations, including patients injured in accidents, severe illnesses, and instances of suicide attempts. Furthermore, these tasks often required collaboration with allied healthcare professionals, fostering interdisciplinary patient care.

EDUCATION

Bachelor of Registered Nurse/Public Health Nurse

Tokyo Healthcare University (Graduation 2015)

Certificate of Assistant Nurse

Charter Australia (Graduation 2024)
Work Placement: Markmorane in Warrawee

ADDITIONAL INFORMATION

Certification

Certificate III in Individual Support
Provide First Aid
Registered Nurse/Public Health Nurse

REFERENCE

Chiaki Kawasaki
Nurse Director in Sakakibara Heart Institute

Jinky Mactal
Trainer in Charter Australia Institute