

ASMITA GIRI

ASSISTANT IN NURSE

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OBJECTIVES:

Experienced Assistant in Nursing with over 5 years of hands-on experience in providing compassionate, patient-centered care in aged care and hospital settings. Skilled in assisting patients with daily living activities, monitoring vital signs, and ensuring a safe, comfortable environment. Proven ability to work effectively within a multidisciplinary team to support patient well-being, while maintaining accurate records and following healthcare protocols. Dedicated to enhancing the quality of life for patients through respectful, dignified, and personalized care.

CLINICAL EXPERIENCES:

Rosewood aged care & Brightwater Aged care Group Multi-skilled care worker/ AIN

(March 2023- Present)

- Ensured timely medication administration and maintained patient safety protocols.
- Assisted with daily living activities, promoting independence and quality of life.
- Monitored patient health and reported changes or concerns promptly.
- Managed personal hygiene routines with respect and professionalism.
- Maintained detailed records of patient care and progress.
- Supported the development of self-care skills through guided practice programs.
- Facilitated social interaction among residents and collaborated on customized care plans.
- Coordinated meal planning and preparation based on dietary requirements.

Bupa Aged care

Personal care worker/Assistant in Nursing.

(August 2020-October 2022)

- Assisted patients with hygiene activities, including bathing, grooming, and dressing.
- Supported patients during mealtimes, including feeding and monitoring intake.
- Managed clean linen and ensured a sanitary environment.
- Monitored and reported vital signs and any concerning symptoms to the Registered Nurse.
- Provided mobility assistance and helped patients move around safely.

National network Plus/ Montefiore residential aged care Assistant in Nursing

(Jan 2019- March 2023)

- Assisted residents with ADLs such as pad changes, oral care, and mobility.
 - Monitored and reported changes in residents' conditions to RN.
 - Documented fluid intake, output, bowel movements, and progress notes.
 - Maintained a clean and organized environment, including patient rooms and communal areas.
 - Fostered a compassionate and supportive atmosphere, promoting patient dignity and respect.
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SKILLS:

Administer medications
Provide wound care
Document patient care accurately and promptly
Report patient condition changes to RNs or doctors
Assist in care planning under RN guidance.
Collect specimens for diagnostic tests.
Ensure patient safety in all care activities.
Participate in team meetings and handovers.

Monitor vital signs
Assist with daily living activities
Collaborate with RNs and healthcare teams.
Provide basic health education to patients.
Manage patient hygiene and comfort.
Operate medical equipment as trained
Support mental health care within training.

QUALIFICATIONS:

Bachelor of Nursing
Sarvodaya college of Nursing (2013-2017)

CERTIFICATES:

Certificate iii in individual support
CPR and first aid

REFERENCES:

Provided upon your request