

# ANEESH ACHANKUNJU

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## SUMMARY

A compassionate and dedicated Health Care Assistant with over 14 years of years of experience in providing excellent care for patients. Possesses strong communication skills , a positive attitude, and a genuine interest in helping others. Comfortable working in a fast - paced environment and able to adapt to changing situations. Passionate about providing high - quality care to patients with a range of needs. Flexible hard worker ready to learn and contribute to team success.

## KEY SKILLS

- Assisting patients with daily activities
- Helping patients with mobility and exercise routines
- Ensuring patients' rooms are clean, comfortable, and safe
- Providing emotional support and companionship to patients
- Assisting in the preparation and transportation of patients for treatments and procedures
- Maintaining accurate patient records and documentation
- Collaborating with the healthcare team
- Assists in planning, directing and coordinating the nursing care for patients
- Maintains continuity of care at the take-over and hand-over of reports
- Reports untoward incidents/accidents/staff sickness to the Charge Nurse
- Ensures knowledge and understanding of department policies and procedures concerning fire safety, major disaster, etc
- Participate in preserving Patient Rights related to his/her role
- Transcription and dictation
- Behavioral support
- Life Skills Development
- Emotional Support
- Cultural Sensitivity
- Daily living assistance
- Cleaning and sanitizing
- First-aid and CPR
- Recreational Activities
- Skill Development
- Meal Planning and Preparation

## WORK EXPERIENCE

### WELLINGTON REGIONAL HOSPITAL WELLINGTON, NEW ZEALAND

**HEALTHCARE ASSISTANT** 06/2023 to Current

### HAYAT NATIONAL HOSPITAL RIYADH, SAUDI ARABIA

**STAFF NURSE** 05/2013 to 04/2023

### BCJ GENERAL HOSPITAL AND ASHA PAREKH RESEARCH CENTER MUMBAI

**STAFF NURSE** 03/2010 to 04/2013

### MGM HOSPITAL KERALA

**STAFF NURSE** 09/2009 to 02/2010

## EDUCATION

**POST BSC NURSING** 01/2021

**Rajiv Gandhi University**

**DIPLOMA IN GENERAL NURSING & MIDWIFERY** 01/2009

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### SKILLS & QUALITIES

- Effective communication skills, both verbal and written
- Experience in providing personal care and assistance to patients
- Knowledge of medical terminology and procedures
- Ability to work well as part of a team and under pressure
- Ability to maintain patient confidentiality and dignity
- Dedication and reliability
- A passion for supporting people
- Organization & Good observation skills
- Equipment's familiar with: Hoists, transfer belts, Slide sheets, Wheel chairs, Walking aids (such as walking frames and canes), and adjustable beds

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### DRIVING LICENSE DETAILS

- Have Full Driving license of New Zealand
- Saudi Arabia
- India

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### MEMBERSHIP & REGISTRATIONS

- Registered nurse in Kingdom of Saudi Arabia (License number RN0000932)
- Member of Karnataka State Nursing Council
- Member of Indian Nursing Council (INC)
- Member of NZNO (32140733)

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### LANGUAGES

- Fluent in English
- Malayalam
- Tamil
- Arabic
- Hindi

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### REFERENCES

References are available upon request