ARSHITA ARSHITA

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– Career Objective –

I am a compassionate and responsible individual, and my aim is to utilize and expand my acquired skills. I have a strong work ethic and enjoy working as part of a team. I have been commended by my seniors for being able to work with people in all situations, and I believe you will find me to be a valued employee. I am always eager to learn, and strive for continuous improvement.

Skills -

- Infection control procedures
- Vital sign recording
- Patient-focused care

- Collecting specimens
- Transporting patients
- Observing responses

Essential Experience

AIN | Hawkesbury living - Sydney | 04/2024 - Current

- Assisted with mobility needs and maintaining personal hygiene of students.
- Provided clients with emotional support and companionship.
- Reported concerns to nurse supervisor to promote optimal care.
- Observed patients for changes in physical, emotional, mental or behavioral condition and injuries.
- Assisted with meal planning to meet nutritional plans.
- Supported bathing, dressing and personal care needs.
- Maintained clean and well-organized environment for client happiness and safety.
- Followed safe lifting and transferring techniques to transport residents.
- Monitored vital signs and medication use, documenting variances, and concerning responses.

Customer Service Representative | grocery store - Sydney

• Previously I worked as customer service representative in a grocery store.

Work Placement | Sydney

• Done work placements in Sydney.

Education -

01/2022

Year 12: Physics, Chemistry and math

GPA: 80 percent

Cert III: individual support

Certifications -

Current police clearance

Availability -

Full time available mornings and afternoon, nights and weekends.

Essential Experience -

- Able to work long or irregular hours.
- Good communication skills.
- Able to work as a part of team.
- Able to remain calm in difficult situations.
- Good standard of personal grooming and dress.
- Able to work under pressure and deal with a variety of people.
- Able to undertake manual, and sometimes heavy work.
- Able to deal with people with confidence and patience.
- Initiative and leadership qualities.
- Able to work independently.
- Able to plan and organize.
- Good personal hygiene.