

SHUBHANU BHAT
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Career Objective

Seeking a position of AIN where my commitment to resident welfare and sound understanding of preventive healthcare would be put to good use in a challenging work environment.

Education and Training

- **Master of Nursing, University of Wollongong (UOW), Second Year: Pursuing**
Wollongong, NSW
- **First AID and CPR Training**
Oscars Training Centre
- **Certificate IV in Ageing Support**
Oscars Training Centre
- **Bachelor of Science in Nursing, 4 Years Course**
Nepal Medical College, Jorpati, Kathmandu, Nepal

Honors and Rewards

- Received merit award for holding distinction during my undergraduate studies in Nursing
(Third year) 2019
- Received merit award for holding distinction and being class topper during my undergraduate studies in Nursing (Fourth year) 2020.

Skills and Abilities:

- Good nursing assistant skills with a passion for providing quality care to elderly people.
- Effective written and verbal communication skills.
- Understanding of medical terminologies.
- Ability to conduct vital signs.
- Dementia and Alzheimer's knowledge.
- Knowledge about the process of aging.
- Knowledge about the age-related changes.
- Know basic Manual Handling.
- Adaptable and Trustworthy companion.
- CPR/ First Aid Certified.
- Ability to perform multiple tasks even in stressful situations.
- Ability to perform physical activities like Heavy lifting and prolonged standing.
- Through knowledge of Workplace, Health & Safety policies.
- Knowledge to use different Care solution systems.

Employment History

❖ **Kailali Hospital Pvt. Ltd. General Ward In charge (2021/03/21- 2021/10/18)**

❖ **Navajeevan Hospital Pvt. Ltd. NICU Nurse (2021/06/11- 2021/11/10)**

❖ **Shree Birendra Hospital ICU Nurse (2022/02/13- 2022/11/16)**

❖ **Forward Ability Support (2024/01/01 to Current):**

- Assist the client with performing basic tasks such as eating, showering, dressing, and toileting.
- Monitoring the client's physical and mental health by doing routine checks, such as

administering prescriptions, measuring blood pressure, and assisting with personal cleanliness.

- Providing a safe environment for the client by monitoring their surroundings for potential dangers such as fire hazards and tripping hazards.
- Providing assistance and support to the client in their homes so they can live independently.
- Assisting clients with tasks of daily living, including cooking, cleaning, shopping, managing finances, etc.
- Providing a diverse range of social activities such as arts & crafts, games, and outings for clients who can't go outside.
- Giving emotional and social support.
- Identifying needs and developing plans for improving the quality of life for those suffering from disabilities or mental health issues.
- Assist in the application of anti-thromboembolic stockings.
- Report all patient observations to the appropriate person.

❖ **Pathway Cronulla Pines (2024/02/01 to Current):**

- Assist residents with performing basic tasks such as eating, showering, dressing, and toileting when necessary.
- Respond immediately to calls from patients for assistance or treatment and alert medical staff to pending emergencies.
- Encourage all residents to do exercise and participate in scheduled activities.
- Engage in housekeeping tasks such as replacing linens on beds, cleaning patient rooms, and removing and replacing trash bags.
- Work with dining room personnel to ensure that all residents get the correct meals and that all residents can eat.

- Assisting patients with their mobility and communication needs.
- Following therapy plans such as interventions to assist those with dementia and behavioural problems.
- Observing and reporting changes in patients' condition.
- Maintaining accurate documentation and detailed patient records.
- Building effective relationships with patients through clear communication and empathy.

Languages

Nepali
English
Hindi

Certification: I hereby affirm that the information provided above is accurate and honest to the best of my knowledge and belief. I am prepared to provide evidence to substantiate all the details if required.

Sincerely,

Shubhanu Bhat