

Karuna Dahal
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OBJECTIVE

A self-motivated, enthusiastic Nursing Assistance who can accomplish all assigned responsibilities with minimal supervision. A compassionate Nursing assistance who has extensive knowledge of nursing and aged care. As a truly professional who offers the highest level of comfort and care to my residents by maintaining privacy and dignity.

CAPABILITY

Excellent team worker, good communication skill, good computer skill and team player.

EDUCATION & CREDENTIALS:

Banepa Hospital and Education Foundation worked as nursing assistant

HRDC (Hospital and Rehabilitation Center for Disabled Children) Worked as

caregiver

Panchawoti Old Age Home as caregiver.

Bupa Aged Care as AIN.

Academic Qualification
Certificate IV in ageing support

During my course, I had undergone different kinds of nursing training such as Acute Care, Mental health, Aged Care and Community Nursing.

SKILLS

Proficient in Excel, MS-Words, Power Point

Effective communication skill

Attention to details

Professional Work experiences: -

- Assisting residents with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
 - Preparing residents for and appointment or outings.
 - Determining residents needs.
 - Maintaining a clean and safe working environment.
 - Serving meals to residents then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.
 - Keeping residents rooms and equipment clean, neat and orderly. ●
- Observing a residents' health concerns and reporting abnormalities to the Registered Nurse.
- Generally assisting with residents overall comfort.
 - Updating residents records.
 - Helping residents to walk, transfer and use a different walking aids.

References

Available upon request