

SMRITI TIWARI

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Career Objective

Dedicated and hardworking healthcare professional passionate about providing the best possible care to patients. Quick learner with strong teamwork skills, committed to maintaining workplace integrity and ethics. Confident in making a positive contribution to any healthcare team.

Key Skills

- Fluent in English with excellent interpersonal, verbal, and communication skills
 - Able to work independently or as part of a team, with a strong ability to follow instructions
 - Committed to maintaining a clean, safe, and healthy work environment
 - Strong organisational skills and attention to detail
 - Able to work under pressure and meet deadlines
 - Cheerful, quick learner with a positive attitude
 - Honest, self-motivated, and confident
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Qualifications & Certifications

- Certificate IV in Ageing Support and Disability — May 2023
 - HLTAID011 – Provide First Aid (Current)
 - Preventing Dementia – University of Tasmania
 - Understanding Dementia – University of Tasmania
 - NDIS Worker Screening Clearance — Clearance No: 55832640
 - Fully vaccinated for COVID-19 and Influenza
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Professional Experience**Personal Care Assistant**

Bupa Aged Care North Rocks, NSW

April 2024 – Present

- Assist residents with daily living activities including toileting, bathing, dressing, grooming, and feeding
- Monitor residents' health and report changes to nursing staff

- Provide safe mobility support and assist with transfers
- Promote residents' independence and emotional wellbeing

Personal Care Assistant (Casual)

Anglicare Donnington Court, NSW

Ongoing

- Deliver personal care and companionship to elderly clients
- Support with grooming, mobility, toileting, and meals
- Maintain accurate client records and communicate with healthcare professionals
- Ensure a safe and supportive environment

Personal Care Assistant (Placement)

RFBI Concord Community Village, NSW

120 hours

- Followed care plans under nurse supervision
- Assisted with hygiene, grooming, and mobility support
- Monitored vital signs and assisted with documentation
- Adhered to infection control and safety procedures

Home Care Assistant

Co-Group

Over 6 months

- Provided personal care, meal preparation, medication reminders, and emotional support in clients' homes
- Assisted with shopping, errands, and household cleaning
- Communicated regularly with clients' families and healthcare providers

Core Strengths & Attributes

- Compassionate and empathetic care provider
- Patient and understanding of diverse client needs
- Strong communication and interpersonal skills
- Adaptable to new environments and flexible with schedules
- Reliable, punctual, and committed to confidentiality
- Physically fit and able to assist with mobility tasks

Education**Diploma of Community Services**

Currently studying, expected completion: January 4, 2026

References

Available upon request