



**NISHA
BHAT**

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NSW

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OBJECTIVE

A dedicated, self-motivated, and patient-centred Nursing assistant with a strong commitment to providing quality aged care to residence who can accomplish all the assigned responsibilities with minimal supervision. Seeking a position as a Nursing assistance utilising strong background in Nursing and a compassionate nature to provide excellence in resident care. Known for maintaining safe, protected, tidy, orderly environment maintaining their confidentiality.



EDUCATION

Bachelors of community services | Acknowledge Education (Stotts college)

Currently studying at Level 1/63 Oxford Street Darlinghurst NSW 2010

Proficiency certificate of Nursing | Seti Mahakali Nursing campus, Nepal

SEP 2017 – NOV 2019

I have completed my PCL Nursing by achieving 85.22%.

School leaving certificate | Shree harichandra parbha boarding high school, Nepal

JUNE 2016 – APRIL 2017

I have completed my SLC by achieving 3.50 GPA.



EXPERIENCE

Staff Nurse | Mahakali provincial hospital, Nepal

APRIL 14, 2021 – NOV 1, 2022

Staff Nurse | Maya metro hospital, Nepal

AUGUST 17, 2020 – APRIL 13, 2021



CERTIFICATIONS

CHC33015 Certificate III in individual Support (Ageing/Disability)

[https://drive.google.com/file/d/19nEbT-KNouICfdgoyFSbefj7o8V_BXM8/view?usp=share_link]

Certificate of HLTAID011First Aid and HLTAID009CPR

[https://drive.google.com/file/d/1TSaiNs8SiGDVtvgqHfxkQjZH7dvYlCx/view?usp=share_link]



SKILLS

- Strong communication skills
- Personal and emotional support
- Maintaining confidentiality
- Flexibility
- Ensuring patient safety and wellness
- Caring for dementia patients
- Familiar about first Aid
- Empathetic
- Following correct Manual handling procedures
- Time Management
- Teamwork



ACTIVITIES DURING PLACEMENT (BUPA VILLAGE AND AGE CARE)

- To provide assistance with personal hygiene for older residents like bathing, showering, dressing, toileting and more.
- To provide homelike environment to the residents.
- To monitor resident's vital signs and any behavioural changes and report these changes to a RN.
- To respond immediately to calls from residents for assistance or treatment and alert medical staff to pending emergency situations.
- To record bowel and bladder habits of the residents.
- To prepare occupied as well as unoccupied bed for the residents as per their conditions.
- To respect the confidentiality of the residents as well as other team members.
- To provide opportunities for residents to participate in meaningful activities.
- To engage in housekeeping tasks such as replacing linens on bed, cleaning resident's rooms and removing and replacing trash bags.
- To create safe and clean environment for residence.

- To arrange the workplace equipment properly.
- To engage the residents in recreational activities.
- To serve meals to the residents and monitoring eating habits and the amount of food that they take daily and providing meal supplements as needed.
- To report and document any changes in residents' health and well-being.
- To recognize the health and environmental hazards and report the incident.
- To assist with any rehabilitation or exercise programs, and plan and evaluate nursing care plans for residents in partnership with an RN or health care team.
- To administer general first aid help.
- To assist in transporting, ambulating and repositioning residents as necessary.
- To maintain appropriate infection control techniques like handwashing techniques.
- To follow correct manual handling techniques.



PERSONAL ATTRIBUTES

- **Communication skills:** Having a 2-year experience in hospital setting and 3 weeks of placement, I have developed a proficient communication skill having friendly and respectful manner when speaking as well as active listening. As a result, I was able to maintain the interpersonal relationship with the patients as well as co-workers and received positive feedback.
- **Reliable and trustworthy:** While working at hospital, I have completed all the tasks assigned to me by the senior nurse efficiently. I have ability to complete any new tasks in areas unfamiliar to me with the guidance of senior nurse.
- **Time management skills:** While studying at college, I was able to manage time effectively to finish my assignment tasks and quiz of different units in deadlines. I know the value of time and I planned every tasks accordingly.
- **Teamwork:** Previously, I have worked in ICU where teamwork is very important. I know the way of collaborating with other professional for making plans and techniques to complete procedures together.



ACHIEVEMENTS

- Highly appreciated for my hard work and efforts wherever I had worked
- Highly appreciated at my work placement for my quick learning attributes
- Highly appreciated by the management and the clients for my contributions and support



REFERENCES

Niranjana Prasai
Oscars Training Centre
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Summit Care Nursing Home, Randwick
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