

Victoria Thompson

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Professional Summary

Compassionate state approved health and nursing assistant with expertise in comforting and supporting senior citizens in residential settings, ambulanter pflegedienst, hospitals.

Empathetic to the needs of residents, responding respectfully. Skilled in memory care and in methods of communication for people suffering from dementia or requiring cognitive support.

Caring state approved nursing assistant, bringing significant experience working with demanding patients. Helps with hygiene, grooming and feeding for individuals with differing ability levels. Supports unit by organizing supplies and maintaining infection control standards.

Nursing Assistant with more than 1

year of experience providing health care to patients at home, hospitals and nursing homes.

Compassionate and caring, responding quickly to patient calls for assistance. Provides support in dressing and eating.

Skills

- | | |
|--|-----------------------------------|
| ▪ Vital signs monitoring | ▪ Light housekeeping |
| ▪ Quality assurance | ▪ Patient relationship building |
| ▪ Blood sugar measuring | ▪ Insulin injection |
| ▪ Prophylaxis | ▪ First aid and CPR |
| Supply of PEG | |
| ▪ Mobility assistance | ▪ Patient feeding |
| ▪ Personal hygiene support | ▪ Infection control |
| ▪ Application of cold carriers | ▪ Enemas, enema and ostomy care |
| Medicinal rubs | |
| ▪ liquid accounting | ▪ Ambulatory assistance |
| medication and eye drops | |
| Application of cold carriers | |
| Medicinal rubs | |
| Decubitus care up to grade 2 | |
| Donning and doffing of compression stockings | |
| ▪ Patient assessment | ▪ Electronic recordkeeping |
| ▪ Monitor vitals | ▪ Patient evaluations |
| ▪ Nursing support | ▪ History documentation |
| ▪ Patient hygiene management | ▪ Interdisciplinary communication |
| ▪ Family communication | ▪ Medical equipment operation |

- Medication administration
- Emotional support
- Clinical documentation
- Infection control procedures
- Bed preparation
- Patient observation
- Restock shelves
- Changing of bandages

Experience

State approved Health and nursing assistants, in training

Apr 2022 - Current

House fröhlich nursing home - Hamburg, Hamburg, Germany

- Took vital sign readings and recorded measurements by documenting temperature, pulse and blood pressure.
- Supported patients with daily activities and attended to personal hygiene needs.
- Worked under RN supervision to support resident care plans.
- Helped patients dress, undress and complete personal grooming routines to maximize safety and prevent falling.
- Completed range of motion exercises with patients to improve abilities and overall wellness.
- Communicated with physicians, nurses and other caregivers to exchange information about patient conditions, treatment plans and activities.
- Disinfected patient rooms, bathrooms and examination areas to prevent disease spread.
- Monitored and recorded patient data to identify and report changes.
- Helped patients with daily living requirements by bathing, dressing and assisting with mobility needs.
- Supported patients' social and emotional needs by providing caring companionship.
- Recorded vital signs following instructions from medical staff.
- Prepared patients for surgeries and treatments by washing, shaving and draping specific body areas.
- Readied testing and treatment equipment to regulatory standard.
- Provided caring companionship to support patients' social and emotional needs.
- Provided feeding assistance to patients where necessary.
- Observed patients for unusual behaviors, documenting and reporting concerns.
- Repositioned bedridden patients to prevent sores and blood clots.
- Safeguarded patient confidentiality by observing HIPAA and company-established protocols.
- Reminded patients to take prescribed medications.
- Used [Software] EMR system to update patient health records.
- Physically supported patients with mobility issues to stand, walk and use bathroom facilities.
- Supported patients to complete exercises included in treatment plans.
- Documented care activities and observations in [Type] system.
- Resupplied patients with towels, soap and sheets.
- Documented vital signs to track medical symptoms and the progress of treatments.
- Dressed wounds under medical supervision to support patient recovery.
- Disinfected patient rooms, bathrooms and examination areas to strict hygiene standards.
- Followed moving and handling procedures to lift and transport patients safely.

- Assisted with ambulation and range of motion exercises for patients with limited mobility.
- Helped nurses implement and revise nursing care plans for optimal patient support.

Nursing Assistant

Mar 2022 - Apr 2022

Promethus nursing - Hamburg , Hamburg , Germany

- Took vital sign readings and recorded measurements by documenting temperature, pulse and blood pressure.
- Supported patients with daily activities and attended to personal hygiene needs.
- Fed patients and helped individuals with self-feeding limitations.
- Helped patients dress, undress and complete personal grooming routines to maximize safety and prevent falling.
- Worked under RN supervision to support resident care plans.
- Helped patients with daily living requirements by bathing, dressing and assisting with mobility needs.
- Disinfected patient rooms, bathrooms and examination areas to prevent disease spread.

Nursing Assistant

Aug 2021 - Feb 2022

Elbe pflegedienst - Hamburg , Hamburg

- Worked under RN supervision to support resident care plans.
- Helped patients dress, undress and complete personal grooming routines to maximize safety and prevent falling.
- Fed patients and helped individuals with self-feeding limitations.
- Disinfected patient rooms, bathrooms and examination areas to prevent disease spread.
- Helped patients with daily living requirements by bathing, dressing and assisting with mobility needs.
- Supported patients' social and emotional needs by providing caring companionship.
- Monitored and recorded patient data to identify and report changes.
- Took vital sign readings and recorded measurements by documenting temperature, pulse and blood pressure.
- Supported patients with daily activities and attended to personal hygiene needs.

Vocational Trainee, state approved health and nursing assistant

Aug 2019 - Mar 2020

Tap Tagespflege - Hamburg , Hamburg

- Took vital sign readings and recorded measurements by documenting temperature, pulse and blood pressure.
- Responded immediately to calls from patients for assistance or treatment and alerted medical staff to emergency situations.
- Communicated with physicians, nurses and caregivers to support continuum of care.
- Observed patients' by checking open wounds and existing conditions.
- Built strong rapport with patients to provide stable and supportive care system.
- Enforced compliance with regulatory requirements, safety measures and facility policies.
- Fed patients and helped individuals with self-feeding limitations.
- Worked under RN supervision to support resident care plans.
- Collected biological samples for routine assessments and diagnostic tests.
- Charted daily resident intake and outputs and reported notable changes to care team.
- Answered patient call lights and promptly assessed patient needs to determine care.

- Drafted incident reports detailing resident behavior, challenges or accidents.
- Completed range of motion exercises with patients to improve abilities and overall wellness.
- Helped patients dress, undress and complete personal grooming routines to maximize safety and prevent falling.
- Bonded and worked with patients to encourage exercise and therapeutic activity participation.
- Reduced risk of infection by following aseptic techniques.
- Reviewed patient dietary restrictions, food allergies and preferences to facilitate appropriate diet.
- Attended to patient call signals and took appropriate action.
- Followed moving and handling procedures to lift and transport patients safely.
- Recorded vital signs following instructions from medical staff.
- Safeguarded patient confidentiality by observing HIPAA and company-established protocols.
- Prepared patients for surgeries and treatments by washing, shaving and draping specific body areas.
- Monitored and recorded patient data to identify and report changes.
- Documented vital signs to track medical symptoms and the progress of treatments.
- Physically supported patients with mobility issues to stand, walk and use bathroom facilities.
- Disinfected patient rooms, bathrooms and examination areas to strict hygiene standards.
- Used [Software] EMR system to update patient health records.
- Supported patients to complete exercises included in treatment plans.
- Helped patients with daily living requirements by bathing, dressing and assisting with mobility needs.
- Resupplied patients with towels, soap and sheets.
- Provided caring companionship to support patients' social and emotional needs.
- Dressed wounds under medical supervision to support patient recovery.
- Repositioned bedridden patients to prevent sores and blood clots.
- Readied testing and treatment equipment to regulatory standard.
- Reminded patients to take prescribed medications.
- Provided feeding assistance to patients where necessary.
- Observed patients for unusual behaviors, documenting and reporting concerns.

Education

<p><i>Gesundheits und Pflegeassistent</i> <i>Alstertal nursing school GmbH - Hamburg, Hamburg, Germany</i></p>	<p><i>Jul 2023</i></p>
<p><i>State approved health and nursing assistant</i> <i>Hsb school of nursing - Hamburg, Hamburg</i></p>	<p><i>Mar 2020</i></p>
<p>Vocational training to become a state approved health and nursing assistant</p>	
<p><i>National diploma : Science Laboratory Technology</i> <i>Nogak polytechnic - Ikom, Cross River state, Nigeria</i></p>	<p><i>Sep 2010</i></p>
<p>▪ GPA [number].</p>	

Additional Information

Certified in First Aid, 2020

EU Driving licence