

# NEMCEL JANE B. TULUD

September 09, 1998

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**Profile:** Motivated and dedicated individual seeking an entry-level position in the healthcare industry. Maintains high levels of empathy and respect for all clients, carers and staff. Provides compassionate, effective client support. Eager to utilize clinical knowledge & team-oriented mindset to elevate patient care and support the growth of the organization.

## Education:

### United Colleges of Australia

July 2024 - July 2025

Certificate IV in Ageing Support

### United Colleges of Australia

July 2023 - July 2024

Certificate III in Individual Support

### Our Lady of Fatima University - Quezon City, Philippines

2015 - 2021

Bachelor of Science in Physical Therapy

## Certifications:

- Certificate III in Individual Support
- NDIS Worker Certification
- First Aid Certification
- Manual Handling Certificate
- Food Safety Handling
- Police Clearance

## Work Experience:

### Personal Care Worker - Permanent Part Time

*Our Lady of China - Ruby Manor, Carramar, Australia*

*(Sept 2023 - Present)*

- Provided care and assistance to elderly residents including bathing, grooming, bathing and meal preparation.
- Assist in transfers and mobility using full hoist, stand up lifter and sara steady.
- Maintained a clean and safe environment for residents.
- Provided emotional support and companionship to residents to foster a sense of trust and security.
- Recorded vital signs and reported any discrepancies to the RNs.

**Support Worker - Casual**

First Class Care and Services, Multicultural Care

(February 2024 - April 2025)

- Provide assistance with daily living activities including meal preparation, light housekeeping, laundry, and grocery shopping.
- Assist clients with personal care tasks such as bathing, grooming, and dressing, ensuring dignity and respect at all times.
- Maintain accurate records of client interactions and progress reports.
- Engage clients in meaningful activities to promote mental stimulation and social interaction

**Physical Therapist - Casual**

*Healthway Qualimed Hospital, Bulacan, Philippines*

(July 2022 - April 2023)

- Worked with patients with chronic illnesses such as back & neck pain, fractures, stroke and sport-related injuries.
- Conducted a thorough patient assessment to provide an effective treatment plan.
- Monitored patient progress, modified treatment plans when needed and documented outcomes.
- Worked with diverse patient populations including pediatrics and geriatrics.
- Provided patient family education and home exercises program.

**Additional Experience:**

- Physical Therapist Volunteer at a Community Based Rehabilitation (CBR) at Quezon City, Philippines, 2020
- Home care Physical Therapist, 2022

**Skills:**

- Great rapport skills in communicating with clients.
- Good analytical and problem solving skills.
- Attention to detail and ability to follow instructions accurately.
- Experienced in using aids such as wheelchairs & walkers. Has willingness to learn hoist
- Protects patient/clients privacy and confidentiality.
- Took initiative to find extra tasks when scheduled duties were completed.
- Time management ability.
- Skillful in using technologies and computer applications

**Relevant Coursework:**

- Medical terminology
- Working with children check
- Police check
- COVID Vaccination
- NDIS Screening check

**References:**

**Mrs. Dianne Jane Quiring, PTRP**

*Physical Therapist Manager, Healthway Qualimed Hospital, Bulacan, Philippines*

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