

Susan Manandhar

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SUMMARY

I'm a compassionate and dedicated Assistant in Nursing (AIN) who genuinely cares about making a difference in patients' lives. With experience in both hospital and aged care settings, I support nursing staff and assist patients with daily activities, always ensuring their comfort, dignity, and well-being. I take pride in building trusting relationships, communicating effectively, and maintaining a safe and hygienic environment. Passionate about patient care, I'm eager to continue growing my skills and contribute to a supportive healthcare team.

EXPERIENCE

March 2024 -
Present

Assistant in Nursing, Advantaged Care Edensor Park

- Assisted residents with ADLs, including bathing, dressing, and mobility support
- Monitored and documented residents' vital signs and changes in health status
- Implemented infection control measures to maintain a safe and hygienic environment
- Collaborated with the nursing team to ensure comprehensive and individualized care plans
- Participated in resident assessments and communicated effectively with healthcare professionals

May 2022 -
March 2024

Assistant in Nursing/ Community Support Worker

- Provided assistance with activities of daily living, including bathing, grooming, and mobility support, fostering a sense of dignity and independence.
- Developed personalized care plans based on individual client assessments, ensuring a holistic approach to their well-being.
- Traveled Administered medications in accordance with prescribed schedules, maintaining accurate records and ensuring compliance with safety protocols
- Regularly monitored vital signs, observed changes in health conditions, and communicated effectively with healthcare professionals for prompt intervention.
- Offered emotional support and companionship to clients, promoting mental well-being and a positive living environment
- Maintained accurate and up-to-date client records, documenting care provided and reporting any changes in health status
- Demonstrated proficiency in emergency response procedures, ensuring the safety and well-being of clients during unexpected situations.

2021-March 2022

Assistant in Nursing, Anglicare

- Assisted residents with ADLs, including bathing, dressing, and mobility support
- Monitored and documented residents' vital signs and changes in health status
- Implemented infection control measures to maintain a safe and hygienic environment
- Collaborated with the nursing team to ensure comprehensive and individualized care plans
- Participated in resident assessments and communicated effectively with healthcare professionals

EDUCATION

- March 2019 **Advance Diploma and Diploma in Business**
ELITE EDUCATION INSTITUTE, HAYMARKET, SYDNEY
- January 2020 **Certificate IV in Individual Support**
ADVANCE COLLEGE OF HEALTH, BURWOOD, NSW

SKILLS

- Patient and empathetic approach to resident care
- Proficient in assisting with activities of daily living (ADLs)
- Strong communication skills, both verbal and written
- Knowledgeable in infection control practices
- Ability to work collaboratively within a multidisciplinary healthcare team
- Efficient time management and organizational skills

Certifications

- First Aid
- CPR
- Manual Handling

Professional References

- Nirmala Shrestha, Registered Nurse, Advantaged Care
- Nikeeta Pradhan, Registered Nurse, Anglicare