# Samikshya Sitoula

Email: sitoulasamu01@gmail.com

Mobile: 0434973046 Hornsby, NSW

### Summary

A compassionate and dedicated Health Care Assistant experienced in providing excellent patient care possessing strong communication skills, a positive attitude, and an interest in helping others. Comfortable working in a fast-paced environment and able to adapt to changing situations. Passionate about providing high-quality care to patients with a range of needs. I am an enthusiastic, trustworthy, and self-directed individual with extensive skills and experience. I tackle every task and challenge with a committed and responsible attitude.

## **Availability:**

**Any Shifts** 

#### **Certificates:**

- Certificate IV in Ageing Support (Ageing/Disability)
- ❖ National Police Check certificate
- First Aid and CPR Certificate
- NDIS Work Screening Check

#### **Professional skills**

- Strong organizational and time-management ability.
- Ability to work successfully with others on collaborative projects.
- Can communicate fluently in English and Hindi.
- Productive worker with a solid work ethic to exert optimal effort in completing tasks. Organized and effective communicator with the ability to learn quickly and develop expertise to produce efficient contributions to the organization.
- Excellent in Microsoft Word, Excel, PowerPoint, and Outlook environments. Honest, sincere, hardworking, polite and dedicated.
- Capable of handling dementia patients.
- Performs own duty of care.

# **Experiences**

Support Worker Ablepoint Australia 10/06/2024-Present

## Responsibilities

• Providing residents assistance as they accomplish daily tasks, including bathing, eating, dressing, grooming, and using the restroom.

- Monitoring resident's health and wellbeing.
- Providing companionship and engaging residents in social and recreational activities.
- Maintaining a clean and safe environment for resident Assisting Registered and Enrolled Nurses with patient care interventions as directed.
- Contributing to collecting accurate health care information and maintaining accurate health care documentation as required.
- Communicating effectively with patients and other health care team members in accordance with appropriate protocol.

Assistant In Nursing (AIN) John Michale Di Meglio Trust 17/05/2024-18/09/2024

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Assistant In Nursing (AIN) Home Hermitage Care 2022 -2023

# Responsibilities

- Led Interesting and Diverse group activities to engage students in course material. Prepared and implemented lesson plans covering required course topics. Planned dynamic lessons to increase student's enthusiasm of books and literary concepts.
- Prepared comprehensive English language curriculum for multiple classes.

#### **Education:**

Bachelor of Information and Communication	Western Sydney University (WSU),	2024-present
Technology	Sydney	

## **Reference upon Request:**

Prativa Dhakal (Registered Nurse)

Phone: 0420754327

Email: prativadhakal1234@gmail.com