

RITIKA KHADKA

CONTACT



0406787118



ritikakhadka7@gmail.com



5/45-47 Albert Street, Hornsby 2077

SKILLS

Active listening

Empathy

Strong work ethic

Teamwork

Written and verbal communication

EDUCATION

Bachelors of Information Technology Crown Institute

March 2022- Running

Certificate III in Individual Support (Ageing) Global Educational Institute

Feb 2020- Aug 2020

Diploma and Advance Diploma of Information Technology Skyline International College 2019-2021

REFERENCES

Parbati Raut Thapa

Clinical Care Coordinator
Hunters Hill Village

0406420442, parbati.thapa@twilight.org.au

Asim Pandey

Registered Nurse
The Landings, North Turramurra
0452528807, asim.pandey@ldk.com.au

Indira Sapkota Kandel

Registered Nurse
Blacktown Hospital
0406788672, golmoL_k@hotmail.com

PROFILE

Highly- professional, and skilled Assistant in Nursing with a solid experience in providing basic nursing and personal care to patients as well as support to registered nurses and healthcare professionals. Possess excellent communication, team-working, organizational, time-management, and record-keeping skills as well as knowledge related to nursing practices and standards and basic medical terminology.

WORK EXPERIENCE

Personal Care Attendant:

Hunters Hill Village, Twilight Aged Care, Hunters Hill

2020- Current

- Assisted in general ward, special ward (Dementia ward) and palliative care ward.
- Working with buddy and assisting patients with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Administer medication to residents
- Preparing patients for appointment or outings.
- Helping patients walk, transfer and use a different walking aid.
- Determining a patient's needs.
- Maintaining a clean and safe working environment.
- Serving meals to patients then monitoring their eating habits and feed them if necessary and providing meal supplements as needed.
- To keep the register nurse and Facility Manager informed of relevant issues
- Observing residents' health concerns and reporting abnormalities to the Registered Nurse.
- Generally assisting with patients' overall comfort.

Service Team Member

James Bennett Pty Ltd., Warringah Mall

March 2019- 2021

- Working with modern print and recording development services
- Bringing compassion and fun to life by connecting people with books, novels
- Working under pressure to finish covering at limited time with quality performance
- Customer service which include customers to convince for buying books and order