

REKHA KUMARI GC

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Summary

Compassionate and skilled Registered Nurse with nearly 2 years of experience in Pokhara, Nepal, and 8 months of Assistant in Nursing (AIN) experience in a regional hospital. Known for delivering safe, person-centered care in both aged care and hospital environments. Brings strong clinical judgment, a patient-focused approach, and proven teamwork abilities. Experienced in managing daily care routines, administering medications, monitoring health conditions, and promoting resident dignity and independence.

Work Experience

Registered Nurse

Sunshine Healthcare Center, Pokhara, Nepal

Jan 2023 – Nov 2024 (1 year 11 months)

- Delivered comprehensive nursing care, including medication administration, wound care, and health monitoring.
- Assessed resident conditions, developed care plans, and updated clinical documentation.
- Supported elderly residents with ADLs (activities of daily living) and provided mobility and hygiene assistance.
- Collaborated with a multidisciplinary team to optimise care outcomes in line with aged care standards.
- Led and supervised AIN staff in maintaining infection control and safety practices.

Assistant in Nursing (AIN)

Western Regional Hospital, Ramghat, Pokhara, Nepal

May 2022 – Dec 2022 (8 months)

- Assisted registered nurses with basic patient care in the medical/surgical ward.
- Provided hygiene care, feeding, ambulation, and emotional support to patients.
- Accurately recorded vital signs and reported changes in patient condition.
- Maintained a clean and safe environment, adhering to infection control protocols.
- Supported patient education and discharge processes under RN supervision.

Education & Qualifications

- **Certificate III in Individual Support (Ageing/Disability)**

Australian Community and Management College, Sydney, Australia – 2025

- **Bachelor of Science in Nursing**

Pokhara University, Nepal – 2022

Certifications & Skills

- First Aid & CPR (HLTAID011) – Australian Community and Management College
 - Manual Handling & Infection Control Training – Australian Community and Management College
 - Fluent in English, Nepali, and Hindi
 - Proficient in electronic health record (EHR) systems
 - Strong interpersonal, communication, and time-management skills
 - Empathetic, patient-focused approach
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Availability

Available to start immediately.