

# Rebu Pandey

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## **PERSONAL SUMMARY**

Compassionate Nursing Assistant with more than five years of experience in healthcare. As a true professional, I will always demonstrate compassion, dignity and respect when looking after my Residents. Due to my friendly nature, I united a decent bond with my colleagues at work. Therefore, I always try to be a good listener and maintain residents in nursing home confidentiality during my duty of Care.

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## **Professional Skills and Attributes**

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### ***Communication, Interpersonal and Teamwork Skills:***

- Teamwork skills with demonstrated ability to work collaboratively as part of a multidisciplinary team.
- Excellent in communication skills in written and verbal both.
- Able to reflectively listen and communicate both verbally and non-verbally with residents in a manner that ensures confidentiality, privacy and sensitivity as established through clinical placements.

- Remain calm and professional throughout critical incidents.
- Ability to work in pressure situations.

## **Technical Skills**

- Proficient in basic use of computers including Microsoft office, excel and powerpoint.

## **Employment History**

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***Assistant In Nursing  
Stanmore, Stanmore***

***March 2019-present Opal***

- Worked with a low care and high care aged unit, Providing support to assistant nurses and registered nurses.
- Cared for older person with nursing needs and dementia patients
- Providing General care and emotional support to residents.
- Accompanying residents on daily works.
- Providing medication assistance to residents.
- Worked as a lifestyle officer for a year to provide entertainment and emotional support to the residents in the care community.

***Assistant In Nursing Anglicare Elizabeth lodge. Rushcutters Bay NSW  
2021-2022***

- Assisting Residents with activities of daily living such as bathing, dressing, grooming, and toileting.

- Serving meals to residents and then monitoring their eating habits.
- Keeping residents' rooms and equipment clean, neat and orderly.
- Observing a resident's health concerns and reporting abnormalities to the charge nurse.

## Professional Development and Training

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- Completed Hand Hygiene Online Learning module in 2018 as an assignment for Professional Practice Experience 1.
- Accomplished certificates in CHC40108, Certificate IV in Aged Care.
- Certificate III in Individual support in the year 2019 from Australian Education and Training Institute (AEITI).
- Certificate IV in individual ageing support.

## *Interests*

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Reading books and novels

Travelling, bush walking

Dancing, singing etc.

## Referees:

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**Miss Srijana Silwal** ,Registered Nurse, Opal Stanmore

Tel: 0452155811

**Mrs Nikita Rajak** , Registered Nurse ,Opal stanmore ,NSW Health

Tel: 0424735512

**Mr Ranjit Koratala** , General Manager , Opal Stanmore

Tel :0447918994