

Ranjana Regmi Paudel

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Visa Status: Permanent Resident

NURSING PROFESSIONAL

Implementing Nursing skills and building strategies to exceed expectations of Stakeholders.

PROFILE

4+ years of extensive work experience as an **AIN/Medicator** with **Certificate III and IV in Ageing Support** caring elder people with proper documentation.

PROFESSIONAL EXPERIENCE

Estia Health - Currently working (2020 - present) (Part time permanent + Casual)
70 Glendower St, Gilead NSW 2560

Carino Care - 2018 - 2020 (Permanent)
22 Woodford Rd, Banksia NSW, 2216

Alliance Community
Casual Role as home carer

Macquarie Lodge Aged Care Plus Center & Retirement Village (Work Placement) for 120 hours
171 Wollongong Road, Arncliffe, NSW 2205

KEY AREAS OF ABILITY

- Traditional care and commitment to organizational targets
- Analysis, strategy development and delivery from identified needs
- Communication nucleus with depth of cultural awareness
- Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks
- Rapport and relationship management with lasting focus
- Enthusiastic, knowledge-hungry learner and committed to excellence in my work
- Highly motivated self-starter who takes initiative with minimal supervision
- A go-getter person who is organized, dedicated, and committed to professionalism
- Resourceful team player who excels at building relationships with customers and colleagues

HIGHER EDUCATION

Bachelor Degree – 2012 A.D

Nepal College of Information and Technology, Nepal

CERTIFICATIONS

Certificate III and IV in Ageing Support

Advance college of Health Burwood, Sydney

First Aid & CPR

Advance college of Health Burwood, Sydney

NSW Police Check

Australian Federal Police Criminal Record

KEY RESPONSIBILITIES:

- To establish rapport with families, staff and volunteers and facilitates communication between
- To protect the rights of residents and ensures care provided maintains resident's dignity and privacy
- To respect the confidentiality of residents as well as other team members
- To have an understanding and commitment to Continuous Quality Improvement
- To attend the personal needs of the resident including all activities of daily living, social emotional support in accordance with the care plan and at the direction of the Supervisor Care Leader / Duty Nurse
- To provide opportunities for residents to participate in meaningful activities
- To support resident's choice/decision making
- To provide domestic services in the residential facility including food handling, laundry, cleaning and other tasks as instructed by the Care Leader / Registered Nurse
- To assist residents with medication
- To report and document any changes in resident's health and well-being
- To maintain hygiene/safety practices in accompanying caring tasks
- To demonstrate an ability to complete appropriate Incident/Hazard Reports
- To have awareness of practices and maintains a safe environment including Fire Safety, Evacuation, and Emergency Procedures
- To maintain the workplace equipment and environment
- To recognize health and environmental hazards and reports damages, faults and problems, using appropriate incident reporting
- To fulfill duties as allocated and prepared to alter routines to meet the changing needs of the residents

- To work cooperatively as a team member and supports new and less experienced staff
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures

SKILLS

- Possess Strong organizational skills
- Able to work under pressure and multitasking
- Be an able communicator (verbal and written)
- Have a collaborative and team oriented approach
- Excellent phone manners and customer service focused
- Knowledge of medical terminology and infection control standards
- Drive and Initiative in taking on responsibilities and achieving results
- Experience and exposure to the backup office applications and services
- Have awareness of WHS, fire regulations and manual handling procedures
- Experience and exposure to various hardware and software applications include, but not limited to, Windows 10, MS Office Suits and Multimedia

ACHIEVEMENTS

- Highly appreciated for my hard work and efforts wherever I had worked
- Highly appreciated by the trainer/assessor for my class performances
- Highly appreciated at my work placement for my quick learning attributes
- Highly appreciated by the management and the clients for my contributions and support

TRAININGS

- Elder Abuse
- Fire Safety
- Food Handling Safety and Hygiene
- Infection Control in Aged Care
- Manual Handling in Aged Care
- Consumer Dignity and Choices
- Ongoing Assessment and Planning with Consumers
- Personal Care and Clinical Care
- Services and Supports for Daily Living
- Organisation's Service Environment
- Feedback and Complaints
- Human Resources
- Organisational Governance
- Supporting Consumers with Dementia

- Workplace Bullying and Harassment
- Workplace Health & Safety in direct client care
- COVID19 Trainings

REFERENCES

Available on request