

Puja Neupane

✉ Poojaneupane101@Gmailcom 📞 0447324975 📍 6/62 Beanstreet, Gosford NSW, 2250 Gosford

Education

Certificate iv in ageing support	May 2024
Advance college	
Diploma in Nursing	Feb 2015 - May 2018
AMDA institute of health sciences, Damak	
High School diploma	Mar 2004 - Jul 2014
Vidodaya sishu sadan, Gauradaha Nepal	

Employment:

Registered Nurse:	Aug 2018 - Feb 2024
AMDA (Association of medical doctors of Asia Nepal) Hospital Damak Nepal	
<ul style="list-style-type: none">Administering medications and treatments.Monitoring patient health and recording vital signs.Assisting with daily activities (bathing, dressing, feeding).Providing wound care and changing dressings.Conducting physical exams and taking patient histories.Identifying changes in patient condition and responding.Developing and contributing to care plans.Educating patients and families on health conditions and care plans.Guiding on lifestyle changes, medications, and post-treatment care.Teaching self-care techniques and preventative measures.	

Thompson Health care Tarragal house Nursing Home:

Work placement for Certificate iv in ageing support

- Personal care assistance
- Meal feeding and monitoring health
- Emotional support
- Respecting dignity and privacy.
- Following Instructions and assisting senior staff and registered Nurse.

Certificates: 29 July 2024

- Hltaid009 Provide cardiopulmonary resuscitation
- Hltaid010 Provide basic emergency life support.
- Hltaid011 provide first aid.

Skills

Attention to detail, clinical skill,
communication skill,
Teamwork and collaboration

Languages

English,Nepali, Hindi

Hobbies

■ Travelling,cooking,Music,
Movies

Availability: Highly flexible and dedicated to providing care, available for shifts 24/7, including nights, weekends, and holidays.

References:

Surendra Thapa
Registered Nurse, Gosford Hospital
0426174522

Menuka Kandel
Assistant in Nursing, Aurrum aged care
0493687082