

# PATRICIA BARBOSA

## CONTACT

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## SKILLS

- Active Listening.
- Empathy and Patience.
- Teamwork and Collaboration.
- A non-judgmental and positive attitude.
- Flexibility and Adaptability
- Respect for Privacy and Confidentiality.
- Communication, interpersonal and team-building skills.
- Record Keeping.

## EDUCATION & TRAINING

### Diploma of Community Services

Acknowledge Education  
Jul 2020 -Dec 2022

### HLTAID003 Provide First Aid

### HLTAID002 Provide Basic Emergency Life Support

### HLTAID001 Provide Cardiopulmonary Resuscitation

### Working With Children Check

### Certificate NDIS Worker Orientation

NDIS Quality and Safeguards  
Commission

### Certificate Infection Control Training - COVID 19

## PROFILE

Dedicated and compassionate care professional with extensive experience providing essential support to individuals in need. Proficient in assisting clients with daily living activities and overnight care, ensuring their comfort, safety, and well-being. Known for establishing meaningful connections with clients and their families, creating a positive and nurturing environment. Strong communication and problem-solving skills, with a genuine passion for enhancing the quality of life for those requiring assistance.

## EXPERIENCE

### Estia Health

<https://www.estiahealth.com.au>

May 2024 - to present

#### Nursing assistant

- Assisting residents with their personal care needs such as showering, dressing, and eating: Provided support for daily life activities, ensuring residents feel heard, comfortable, and well-fed.
- Assisting residents with their mobility and communication needs: Helped keep residents physically active and mentally engaged by addressing their mobility and communication requirements.
- Observing and reporting changes in residents' conditions, and reporting complaints about care: Monitored residents' health and well-being, reporting any changes in condition and addressing care-related complaints.
- Keeping tabs on residents' health by assisting with treatments and providing medication under the supervision of a registered nurse.

### Regal Home Health

<https://www.regalhealth.com.au>

May 2022 - to present

#### Community Support Worker

- Provide comprehensive overnight care services, ensuring clients' safety and independence within the comfort of their homes, including those with dementia.

**Certificate of What is Dementia**  
Interim HealthCare Inc.

**Certificate of Sleep Matters**  
DTA - Dementia Training Australia

**Diploma of General English**  
SCE - Sydney College of English

## REFERENCES

Reference will be provided upon request.

- Deliver personalized assistance with personal care tasks, such as showering, dressing, personal hygiene, and other essential needs, preserving dignity and comfort for clients.
- Provide medication support with meticulous attention to detail, strictly adhering to prescribed regimens under the supervision of a registered nurse to ensure the well-being and safety of clients.
- Coordinate and facilitate engaging social activities, promoting companionship and well-being among clients, tailoring activities to the specific needs of those with dementia.

### Just Better Care

**Mar 2021 - Oct 2022**

<https://www.justbettercare.com>

#### Community Support Worker

- Assist clients with personal care, healthcare, and hygiene. This could be in areas such as dressing, bathing, toileting, and eating.
- Assist clients to develop community skills. This could include tasks like budgeting, shopping, cooking, and management of your home.
- Support clients with activities of mobility and transferring, which promote independence.
- Support clients with household duties such as cooking, cleaning, and laundry.
- Support clients to keep themselves and their environments safe, clean, and healthy.
- Assisting in medication management or attending medical appointments.
- Supporting social, vocational, and community activities.
- Developing relationships in the wider community.

### St Vincent de Paul Society

**Mar 2022 - June 2022**

<https://www.vinnies.org.au>

#### Work Placement

- Collaborate effectively with other staff/team members and/or external agencies.
- Demonstrate capacity to manage situations involving anxiety and conflict.
- Ability to access informal and formal supervision and act on feedback received from supervisors/other staff members.
- Demonstrate ability to prioritize tasks and manage workload effectively.
- Develop assessment skills, including using appropriate tools to collect information and assess clients' needs.
- Good work habits and appropriate workplace behaviour.
- Sensitivity and awareness in working with people from culturally and linguistically diverse.