

## **CAREER OBJECTIVES**

An empathetic and caring individual seeking an opportunity within an organization that will embrace my passion and interest in working as a care worker for the state of the lives of others. I am looking for a job to utilize my skills, extend my knowledge and techniques, put my knowledge into practice, and become a part of it. I am eager to learn and excited about beginning my career in this industry.

# **QUALIFICATION**

Master's Degree in Business Studies Tribhuwan University, Nepal // 2019

### **CERTIFICATIONS**

Certificate III in Individual (Ageing/ Disability) Australian Community and Management College, Sydney // 2023

# **LICENSES**

Driving License (C Class)
 and Own car

# VISA STATUS

Full-Time Working Right

# AVAILABILITY

Anytime including Weekends

### **REFERENCES**

**Tej Prakash Dangi** Phone: 0478220014 Hammondcare

**Mandira Thapa** Email: thapakazi68@gmail.com Care Centrix

# **Madhukar Phuyal**

Gibbons Street, Auburn, NSW, 2144

Mobile: 0450953556 Email: madhukaphuyal@gmail.com

# **PROFESSIONAL SKILLS**

- Direct assistance with daily tasks such as mobility aids, meal preparation, medication administration, and personal care was given to those with impairments.
- Worked with clients, their families, and interdisciplinary teams to develop and implement tailored support plans, ensuring the plan's goals and objectives were accomplished.
- Assistance in developing and maintaining independent living abilities, including housekeeping and transportation.
- By planning and escorting clients to appointments, social gatherings, and community events, the organization promoted social integration and client participation.
- Keep accurate and up-to-date records on each person's progress, behaviors, and any incidents or changes to their health or well-being.
- Capable of handling patients.
- Skills for patients' care.
- Coordinated care and support for individuals by working with therapists, care managers, and medical specialists.
- Competency in Microsoft Word, Excel, PowerPoint and Outlook

### TRAINING

- First Aid Training
  Supreme Education and Training
- Cardiopulmonary Resuscitation Training Supreme Education and Training
- Diploma in Computer Engineering
  Engineering Academy of Science and Technology

# **EMPLOYMENT HISTORY**

CARE CENTRIX (October 2023 to ongoing)

- Personal care Bowel care, showering, dressing grooming, and medication assistance
- Manual Handling Transfers and hoisting
- Domestic duties Meal preparation, housework and laundry
- Community access Transporting clients to shopping, doctor appointments, and social activities.

#### BAKER'S DELIGHT (April 2023 to ongoing)

- Prepare dough for a variety of breads and rolls.
- Load trays into the oven and regulate the temperature.
- Keep the bakery clean and organized, regularly cleaning equipment.
- Customer Service

### MANAV SEWA OLDAGE HOME (2021-2022)

- Receive Phone calls from visitors and donors.
- Keep records of visitors, donors, and other inquiries
- Organize different activities for residents and assist residents to participate
- Organise volunteers for events.