

**Indira Ghimire** | M:0449016423 | E-mail: indiraghimire118@gmail.com

## **Objective**

As an age caretaker, my primary objective is to assist elderly residents with activities of daily living. Proficient in organizing medication and personal activities. Caring, organized and friendly with excellent interpersonal skills

## **EDUCATION**

Master of Social Work | Excelsia University College | Sydney, NSW | Current

## **CERTIFICATIONS**

Certificate III in individual support (Ageing & Disability) | Australian Community and Management College | 2025

First Aid and CPR | Oscars Training Centre | 2025

## **VISA STATUS/AVAILABILITY**

Student visa subclass 500 with **8105** work limitations / All days except Monday and Tuesday

## **Professional skills:**

- Ability to work successfully with others on collaborative projects and efforts.
- Productive worker with solid work ethic to exert optimal effort in successfully completing tasks.
- Organized and effective communicator with the ability to learn quickly and develop expertise to produce efficient contributions to the organization
- Competency in Microsoft Word, Excel, PowerPoint and Outlook environment.
- Honest, sincere, hardworking, polite and dedicated.
- Capable of handling patients.
- Skills for patients' care.
- Working within scope of practice.

## **WORK HISTORY**

**Placement | St.Basil's | Kogarah,NSW | 2025**

-Assisted elderly residents with activities of daily living (ADLs) like bathing, dressing, and feeding.

- Provided mobility assistance, preventing falls and ensuring resident safety.
- Monitored vital signs and reported health changes to nursing staff.
- Offered emotional support and engaged in recreational activities with residents.
- Collaborated with healthcare professionals for coordinated care
- Practiced infection control measures and followed emergency protocols.
- Pursued ongoing professional development in aged care.

## **REFERENCES**

**Yasmin Naj (AIN)**

**Thomson Health Carre, Dural**

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**Prashamsha K C ( RN )**

St. Basil's Kogarah

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