# Giby Mary Varghese

# **Registered Nurse**

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# EDUCATION

#### Graduate Certificate in Advanced Nursing-Australian Nursing Practice (GCAN-ANP)

Institute of Health and Management (IHM)

🛱 September 2024 - Present

Sydney, NSW

## Certificate III in Individual Support (Ageing, Disability)

Institute of Health and Nursing Australia (IHNA)

**b** December 2023 - May 2024

Online

#### **BSc Nursing**

Mahatma Gandhi University, Kerala, India

**±** 2006 - 2010

오 Kerala, India

## SUMMARY

- → Dedicated and compassionate Registered Nurse with 10 years of diverse, international experience in providing exceptional patient care across various healthcare settings seeking to leverage my expertise in clinical nursing & contribute to a dynamic healthcare team.
- → Seeking a position as Assistant in Nursing (AIN) with sponsorship visa (currently holding a student visa), where I can continue working as Registered Nurse (RN) after completing AHPRA process.
- → To be an asset to the institution and to render qualitative service with honesty and commitment.

## WORK EXPERIENCE

#### **APRIL 2023 – APRIL 2024**

### **REGISTERED NURSE (Cardio Thoracic ICU)** SUNRISE HOSPITAL | KOCHI, KERALA, INDIA

- → Providing continuous and comprehensive care to post-operative cardiac and thoracic surgery patients by monitoring vital signs, ECGs and other key indicators.
- → Caring for CABG patients, and those recovering from lung surgery (MITS), and other major thoracic procedures.
- → Helping patients with early ambulation and spirometry to prevent pulmonary complications and prolonged hospital stays
- → Accurately reporting and documenting by following hospital's policies and documentation standards.

#### JULY 2014 - AUGUST 2022

#### **REGISTERED NURSE**

#### (Medical - Surgical ICU)

#### Al-Adan Hospital MINISTRY OF HEALTH | KUWAIT

- → Providing ongoing, thorough care to critical patients from various cultural backgrounds and those recovering from various medical and surgical conditions by closely monitoring vital signs, ECG readings, oxygen levels, and other critical parameters.
- → Setting up, monitoring and adjusting ventilators for patients with respiratory failure or those under sedation after surgery or ventilator-associated complications such as pneumothorax.
- → Preparing and transporting critical clients for emergency OT and diagnostic procedures as well as to other hospitals for further investigations and treatments.
- Prone positioning of intubated patients with COVID-19 or severe respiratory failure, following strict isolation precautions and using appropriate PPE.
- → Utilizing the **Zoll Defibrillator** to manage and resuscitate cardiac patients in critical condition, delivering timely defibrillation and monitoring the patient's response to restore normal heart rhythm.

# CERTIFICATIONS

#### **Clinical Transfusion Practice**

BloodSafe eLearning Australia

🛱 January 2025

#### First Aid & CPR Certificate

December 2024

#### Hand Hygiene Australia

苗 June 2024

## Advanced Cardiac Life Support (ACLS)

American Heart Association

🛱 July 2023

- → Operating the Auto Pulse CPR machine during emergency situations like cardiac arrest to perform high-quality chest compressions and monitor the patient's response.
- → Setting up and monitoring the Prismaflex or Multifiltrate dialysis machine for patients undergoing continuous renal replacement therapy (CRRT) or other forms of dialysis and performing blood and fluid monitoring.
- → Administering massive volume of fluids and blood products rapidly using a Level One infuser.
- → Ensuring precise reporting and documentation in accordance with hospital policies and electronic health record (EHR) system.
- → Collaborating with a team of professionals from various disciplines and nations.
- → Other equipment's handled Hotline & Fluido warmers, Kangroo & Freego feeding pumps, Mistral air body warmer, I-stat and Cobas ABG machines, HFO, vest, HFNC.

#### MAY 2011- MAY 2013

#### REGISTERED NURSE (MICU) BABY MEMORIAL HOSPITAL |KOZHIKODE, KERALA, INDIA

- → Performing nursing procedures and assisting doctors in emergencies and elective procedures.
- → Continuously monitoring patients using **cardiac monitors** and ECG interpretation.
- → Managing **BiPAP** therapy for patients with respiratory distress or failure through Oxygenation & Ventilation Support.

## DECLARATION

 ${\rm I}$  hereby declare that the information provided above is accurate and a fair reflection of my abilities and knowledge. Original documents and references can be presented upon request.

Date: 28/01/2025

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