

GAULOCHAN DHUNGANA

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Address: Muriel Street, Hornsby, NSW 2077

PERSONAL SUMMARY:

A passionate and caring nursing assistant with a high ambition of providing exceptional care to residents with compassion and full of empathy. I am interested and highly motivated to work in aged care sector, so started to work towards my certification and finally I am able to accomplish it now. So, I wanted to kick start my career from one of the well-known residential aged care like Thompson Health Care.

ACHIVEMENTS :

- Efficient time management
- Excellent interpersonal skills
- Honest, Punctual, and Reliable
- Passion in work as well as sound health
- Leadership and energetic self-starter, flexible and keen to take initiatives.

QUALIFICATIONS AND ACADEMIC ACHIEVEMENTS:

Master of Business Information System

Australian Institute of Higher Education

August 2023 – till date

WORK EXPERIENCE:

Assistant in Nursing - Placement / Training

Thompson Healthcare (Beecroft House)

Jan 22, 2024 to Feb 16, 2024 (**120 Hours**)

During my time at Beecroft House, I performed below listed AIN duties that includes:

- changing patients' bedding
- changing diapers and apply moisture as required and preferred by residents
- helping patients with personal care tasks like showering or using the restroom
- updating patient documentation and completing paperwork on guidance of experienced nursing assistant
- noting patient concerns and relaying them to a registered nurse
- serving meals to patients and assisting with drinking and eating
- helping patients with exercises that physical therapists and other healthcare employees recommend
- transporting and repositioning patients as necessary

Kitchen Assistant (Part -Time, Casual)

Sydney Adventist Hospital – Wahroonga Sydney

March 15, 2023 – Till date

- Working on tray-lines
- Operating trolley to deliver it to different wards in the Hospital.
- Serving Late Meals
- Communicating and working with team members
- Clearing/Cleaning and operation commercial dishwasher machine

Hospitality Assistant – Cleaner (Part -Time, Casual)

Greenwood Aged Care - Normanhurst, Sydney

January 09, 2023 - July 30, 2023

- Vacuuming, mopping, dusting and sanitising surfaces
- Selecting and utilising appropriate cleaning agents to remove stains from surfaces
- Reordering cleaning supplies as needed
- Replenishing toiletries, such as toilet paper, paper towels and hand wash
- Using chemicals, solvents, high-pressure water cleaners and other cleaning equipment, such as wet vacuums and other suction equipment
- Adhering to health and safety guidelines

RELEVANT QUALIFICATION:

Certificate III in Individual Support

SKILLS:

- Active Listening
- Empathy
- Strong Work Ethics
- Written & Verbal Communication

Reference will be provided on request.