

Bishal Shrestha

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1/4 Harland rd, Fairlight , NSW 2094

PROFESSIONAL SUMMARY

Compassionate and dedicated Assistant in Nursing (AIN) with experience in aged care placement, specializing in elderly and disabled patient care. Skilled in providing quality care, respecting resident dignity, and maintaining a safe environment. Strong understanding of hygiene, infection control, and WHS protocols, combined with excellent relationship management and communication skills. Seeking an AIN role to contribute positively to the well-being of residents in an aged care facility.

SKILLS

- Patient Care
 - Record Keeping
 - Infection Control
 - WHS & Incident Management
 - Cultural Awareness
 - Manual Handling Support
 - Communication & Teamwork
 - Empathy & Rapport Building
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PROFESSIONAL EXPERIENCE

Training

Manual Handling Training, Infection Control and Hand Hygiene Training, Dementia Handling Training, Elder Abuse Awareness, WHS Training, Cultural Diversities Training, Incident, Accident, and Hazard Management Training, Continence Management and Assessments.

Assistant in Nursing - Under Supervision 120 hours Work Placement

Provided quality care to elderly and disabled residents, ensuring dignity and privacy. Assisted with daily activities like grooming, feeding, and mobility while maintaining hygiene standards. Facilitated social activities, documented health changes, and reported to supervisors. Collaborated with families, staff, and adhered to safety procedures, including manual handling and emergency protocols.

Solo Services Group - Cleaner (07/2022 - current)

Effectively managed time to complete cleaning tasks within deadlines, handled chemicals and equipment responsibly with adherence to safety procedures, emptied trashcans and transported materials, and organized cleaning activities in line with industrial safety protocols.

CERTIFICATIONS

Certificate III (Ageing and Disability)

Education

Diploma of Information Technology - completed
Advanced Diploma of Information Technology - current
(Australian Harbour International College)

REFERENCES

Santosh Pathak - Trainer (GEI College)

0420688574,0282830401,

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Abdullah Fazal Karim - Registered Nurse (Bupa)

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