

Personal Details

Preferred Name : Asmita
Name : Asmita Pokhrel
Gender : Female
Date of Birth : 25-12-1995
Current Address : 10/3 St. George's Road, Penshurst, 2222, NSW
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QUALIFICATION:

Certificate IV in Aged Care (Australian Education and Training Institute 3/29 Regent Street, Kogarah, NSW)

Bachelor in Business Administration (Pokhara University, Pokhara, Nepal)

Current First Aid Training

Current COVID 19 Health's and Safety Online Training

Current Police Check

Experiences

Assistant in Nursing with Medical Competency (The sisters of our lady of china, Peakhurst, NSW), from June 2020 to Present

- Experience of working in high care, low care, and dementia care.
- Providing personal care and hygiene – shower, bed bath, oral care, grooming, skin care, and pressure area care, feeding residents and toileting on scheduled time.
- Understanding of resident's emotional and physical needs and serving as per the need.
- Maintaining respects and dignity in all aspects of care.
- Taking and recording vital signs and food and fluid intake and output as directed.
- Reporting to RN about any changes seen while caring of resident. Writing progress notes and documenting about care.
- Confident to use different lifter (full hoist, standing hoist etc.)
- Skill of correct manual handling
- All general cleaning and kitchen related work with cooking assistance in safe and hygienic manner.
- Sound verbal and written communication skill, able to work within team and to make cordial relationship with working team, residents and resident's family.
- Ability to organize workload and work in a team or independently.

Assistant in Nursing with Medical Competency (The Carino Care, Oatley, NSW), from October 2020 to Present

- Experience of working in high care, low care, and dementia care.
- Providing personal care and hygiene – shower, bed bath, oral care, grooming, skin care, and pressure area care, feeding residents and toileting on scheduled time.
- Understanding of resident's emotional and physical needs and serving as per the need.
- Maintaining respects and dignity in all aspects of care.
- Taking and recording vital signs and food and fluid intake and output as directed.
- Reporting to RN about any changes seen while caring of resident. Writing progress notes and documenting about care.
- Confident to use different lifter (full hoist, standing hoist etc.)

- Skill of correct manual handling
- All general cleaning and kitchen related work with cooking assistance in safe and hygienic manner.
- Sound verbal and written communication skill, able to work within team and to make cordial relationship with working team, residents and resident's family.
- Ability to organize workload and work in a team or independently.

Currently working as a **Assistant in Nursing with Medical Competency at Uniting Banks lodge, Peakhurst and Carino Care Oatley , NSW**

Documents at hand

Certificate IV in aged care
Current first aid certificate
Current Medical Competent Certificate
Current police check

REFERENCES:

Request up on call