



ARSHDEEP KAUR



Kaurchahala@gmail.com



0469834482



113 Flushcombe road, Blacktown, NSW

RELEVANT SKILLS

- ♦ Problem solving
- ♦ Excellent communication skills
- ♦ Quality Customer Service
- ♦ Teamwork
- ♦ Dynamic
- ♦ Flexibility
- ♦ Cultural sensitivity

INTEREST

- ♦ Team sports
- ♦ Assisting Elderly
- ♦ Social work
- ♦ Fitness and exercise
- ♦ Meditation
- ♦ Grooming

WORK EXPERIENCE

General services officer

SummitHealth Care (St Marys)

May 2022 - Present

- Provided exceptional customer centered quality service.
- Handling commercial kitchen equipment, creating delicious menu items
- Empathy and compassion for resident
- Teamwork
- Physical stamina

Catholic health care

Assistant in nursing (oct 2023- present)

- Personal care
- Communication
- Ability to deal with dementia

EDUCATION HISTORY



Bachelor of Nursing

The University of Notre dame

Australia (Sydney campus)

- ♦ President, of Personality development club



Highschool in medical field

Institution: K.V. No 1 Air force

station, Year of Completion: 2020

- ♦ Head girl
- ♦ Topper

ACHIEVEMENTS



Best speaker Award at parliament house Delhi



National level Kabbadi player



Foremost member of Zaroorat club

CERTIFICATES



Certificate 3 in individual support



First Aid Certificate



Police check