AARYA CHAUDHARY

ASSISTANT NURSE IN

AGED CARE

CONTACT

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O Unit 7/13 Cowper street, Parramatta, 2150

SKILLS

Skill name here

Your Skill

Special skills

List your skills

EDUCATION

High school with Biology

Kathmandu model College

2020-2022

Bachelor's in Community Services

Torrens University

2023-2026

LANGUAGES

English Hindi Nepali

PROFILE

Dedicated and compassionate Aged Care Assistant Worker with experience in providing high-quality care and support to elderly individuals. Skilled in assisting with daily living activities, personal care, mobility support, medication management, and promoting mental and emotional well-being. Strong communicator with a patient and empathetic approach, committed to enhancing the quality of life and dignity of clients.

WORK EXPERIENCE

Placement

Concord Community Village, Rhodes

- 1. Personal Care: Assisted residents with activities of daily living (ALDs)
- 2. Health Monitoring: Monitored residents' vital signs. Observed and reported, assisted with administering medications under supervision of Registered Nurse.
- 3. Emotional and social support: Engaged with residents to provide companionship and emotional support, independence and dignity.
- 4. Communication and Collaboration: Worked closely with registered nurses and other healthcare professionals to deliver comprehensive care.
- 5. Environment Maintenance: Assisted in Keeping the residents' living areas clean,safe and organized, helped with changing linens, supported infection control protocols.

Skills Developed

- **1.** Empathy and Patience: Gained experience in providing compassionate care and support to residents.
- 2. Attention to detail: Developed keen observational skills to monitor residents' health and report any changes.
- 3. Teamwork: Collaborated with healthcare teams to ensure the best care for residents.
- 4. Time management: Learned to manage time efficiently while attending to the needs of multiple residents.

Reference Liza Tharu Ph: +61 450 294 311