
SARANYA KRISHNAN

Schofields , NSW,2113

0432488281

saranyakrishnan906080@gmail.com

CAREER OBJECTIVE

I am a dedicated and compassionate Assistant in Nursing with a Diploma in Nursing and a strong foundation in patient care. Currently awaiting EN registration, I am seeking an AIN position where I can apply my clinical knowledge and continue to advance my career in aged care. My primary goal is to provide high-quality, person-centered care that ensures the dignity, independence, and well-being of residents. Recently accepted into ACU's Bachelor of Nursing (commencing Semester 2, 2025), my long-term aim is to progress into EN and RN roles within the aged care sector.

Whilst pursuing further education and working towards EN registration, I am committed to providing holistic, patient-centered care, working alongside a multidisciplinary team to optimise health outcomes and residents' quality of life, while growing within an organisation that values and caters for continuous learning and career development.

SKILLS

- **Personal Care & Activities of Daily Living (ADLs)-** Assisting residents with personal hygiene, dressing, feeding, and mobility support to maintain their dignity and independence.
- **Infection Prevention & Control-** Adhering to infection control protocols, including 5 moments of hand hygiene, PPE use, and standard precautions to protect residents and staff.
- **Manual Handling & Falls Prevention-** Skilled in using mobility aids, hoists, and safe transfer techniques to reduce fall risks and support resident movement.
- **Clinical documentation-** Ensuring accurate and concise documentation in resident care plans, incident reports, and progress notes in compliance with aged care standards.
- **Collaboration with Registered Nurses & Senior Staff-** Working effectively under the supervision of RNs and senior management, adhering to care plans, and promptly escalating concerns when necessary.

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- **Resident-Centered Care-** Providing holistic care that prioritises the emotional and physical well-being of residents, ensuring their dignity and quality of life are always at the core of my practice.

PROFESSIONAL EXPERIENCE

Summitcare

Assistant in Nursing (AIN) — *Oct 2023 - Aug 2024*

- Delivered compassionate support with activities of daily living , prioritising residents' dignity, independence, and comfort.
- Conducted routine monitoring and precise recording of vital signs, ensuring timely escalation of any changes to the nursing team.
- Collaborated effectively within a multidisciplinary team to provide residents with well-rounded, patient-centered care.
- Demonstrated evidence based practice to manage challenging behaviors, using empathy and de-escalation techniques to maintain a positive, safe environment.
- Implemented rigorous infection control practices and adhered to healthcare protocols, ensuring a clean and safe care environment.
- Provided consistent, attentive care to residents with dementia
- Communicated respectfully and professionally with residents' families, offering compassionate support and addressing any concerns.

Little Zak's Academy

Early Childhood Educator — *Jun 2021 - Nov 2022*

- Established supportive relationships with children and families, focusing on individual needs and promoting safety and hygiene.
- Encouraged positive social interactions and provided developmental support to promote teamwork and personal growth.

TGF Resourcing

Sales Representative — *Feb 2020 - Apr 2021*

- Achieved monthly sales targets through strong communication and relationship-building, resulting in increased customer satisfaction.

EDUCATION

Diploma in Nursing- Institute of health and nursing Australia , 2023
Coursework completed; EN registration pending

Certificate III in Health Services Assistance

Completed 2022

St. John Paul II Catholic College

Completed HSC - 2019

Short Courses and Certificates

- **Hospitality Essentials** (TAFE NSW, 2019): RSA/RCG, Barista skills, Food hygiene, customer service
- **Certificate II in Business** (Trade Start, 2020)

CLINICAL PLACEMENTS

Summitcare, Baulkham Hills

General Manager: Suzie Stevens

Email:

suzie.stevens@summitcare.com.au

Phone: 0404 916 701

Duration: 29th May to 16th June
2023

Westmead Rehabilitation Hospital

Nursing Unit Manager: Safal Thapa

Email:

safal.thapa@aurorahealth.com.au

Phone: 0447 216 634

Duration: 27th November to 18th
December 2023

REFEREES

Sapna Khatri

Registered Nurse

Summitcare, Baulkham Hills

Email: Khatrisapna210@gmail.com

Jenna Zhao

Registered Nurse

Westmead Rehabilitation Hospital

Email: Jennazhao520@gmail.com