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Asmi Shahi

Professional Summary

Promote health, prevent illness, care for the ill, and assist in coping with disability and terminal illness. Proficient and caring nursing team member offering outstanding residents-facing experience. Adept at addressing resident needs with compassionate care and attention to detail. Diligent about maximizing satisfaction, safety and wellness while serving residents of all backgrounds.

Work History

Regis Aged Care - Assistant in Nursing, AIN

Hornsby, NSW

02/2023 - Current

- Maintain the residents' activities of daily living in the following areas: Personal hygiene, grooming, manicuring and oral hygiene
- Contributed to overall quality and care of residents by answering calls for help, taking vital signs, and monitoring behavior and physical condition for progress or deterioration.
- Continence management
- Communicates with all residents effectively including the maintenance and the fitting of hearing aids and glasses as required
- Assisting those residents with challenging behaviors, by participation in the development and implementation of an individually designed management plan
- The resident's mobility, by assisting with walking, use of wheelchairs and other aids and transfers
- Supports and assists residents with food and fluids as required
- Maximizes the resident's physical function by assisting with rehabilitative treatment such as physiotherapy exercises
- Documenting progress notes and ADLs

Landings Senior's Living - Assistant in Nursing, AIN

North Turramurra

07/2022 - 07/2023

- Personal care
- Palliative Care; Monitoring patients, pain management, administering medication, managing equipment, and providing patients with personal care, such as bathing and dressing

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📍 Hornsby, NSW 2077

Education

08/2021

Certificate IV

Certificate – IV in Aged Care

06/2021

KOI

Sydney, NSW

Master of Professional Accounting:

Accounting And Business Management

04/2018

Uniglobe College

Nepal

Bachelor of Business administration and Insurance

Skills

- Infection Control
- Vital Sign Monitoring
- Patient-Focused Care
- Disability Care
- Palliatives Care

- Social Support
- Provide support to residents by assisting with daily activities and personal tasks
- Dealing with physically challenging behavior's by clients in accordance with Active's policies and procedures
- Only undertake physical interventions that are authorized to undertake within the law
- Pass on any concerns about a client's wellbeing, poor working conditions, faulty equipment or untrained workers.

Aged care - Assistant in Nursing

Lisarow, NSW

05/2020 - 09/2021

- Monitoring patients, pain management, administering medication, managing equipment, and providing patients with personal care, such as bathing and dressing
- Palliative cares and support
- Encourage and help participants in activities of their choosing within the community and participate in them
- Collaborating with the Team Manager to continuously reflect and enhance personal work habits to best help participants
- Monitoring any changes to participant needs or general health and reporting them to the team leader/Program Manager
- Fulfilling all necessary training and safeguarding requirements
- Adhering to documented and approved care plans
- Delivering person-centred support in accordance with the daily shift plan for each participant
- To promote and/or sustain independent live skills through active support practise with participants.

Cleaning Incharge - Cleaner

Normanhurst, NSW

12/2020 - 09/2021

- Appointed as, in charge to maintain site cleanliness when student and staff are moving around the school
- Liaised with site Manager and contract cleaners to monitor consumable levels and distribute product as required
- Managed the quality of the work using the Facilities First communication book and directly with contract cleaners in a professional way to support continual improvement and high standards of delivery
- Created schedules and sign off logs for all spaces to ensure currency of cleaning plus to indicate status of program
- Worked closely with staff at all levels of the organization to ensure cleaning service is high quality and any issues are promptly actioned
- Developed recording sheets and usage logs for the school to allow support staff to track stock and proactively replenish and restock classroom packs regularly.